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february 18

hourglass

encounter solitude
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BARRY
COLLEGE

Miami Shores, Florida

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Production stars include bottom row l. to r.: Cheri de Groot, Mary Kay Gutwald; top row: Ralph Ponce, Rich Rossetti, and Sr. Nancy Murray.

'diary' revealed tonight

The *Diary of Anne Frank* is a play adapted by Frances Goodrich and Albert Hackett from the personal account *Anne Frank: Diary of a Young Girl*. Tonight at 8:15 p.m. the production will open in Barry College's Little Theatre under the direction of Jean Muscanera.

The true story took place during World War II and post-war years in the top floor of a warehouse in Amsterdam, Holland. Nine people, including the Franks, the Van Daans and Mr. Dussel, form a group of Jews hiding from the German Gestapo. Their sole dependency is upon Mr. Kraler, a Dutchman, and his daughter, Miep, who provides them with food and supplies for the two-year duration of their stay. The plot centers about the interrelationship of these characters as they live each day in their three small rooms in constant fear of capture.

The leading role of Anne is played by Mary Kay Gutwald, first seen as a spirited child of thirteen. As the play progresses, Anne matures into a young woman.

Mr. Frank, played by Richard Rossetti, is a gentle, cultured European in his middle years. He is firm but kind, the stabilizing character who holds the group together. His wife, played by Cheri de Groot, is a young mother, reserved and gently bred. Their beautiful and shy eighteen year old daughter, Margot, is played by Sister

Nancy Murray, O.P.

Mr. Van Daan, played by Normand Bleecher, is a nervous but portly man in his forties. His wife, an attractive, middle-aged

woman, is portrayed by Paula Miller. The part of their son, Peter, is played by David Schram.

The group's protectors, Mr. Kraler and Miep, a compassionate girl of twenty-two, are played by Bill Charlow and Carol Grill.

Additional performances will be held January 29 and 30 at 8:15 p.m. in the Little Theatre. Admission is \$1.

coffeehouse underway

Barry's proposed Coffeehouse is tentatively scheduled to open in September 1972. Through the efforts of the Student Government Association, who presented the students with an opportunity to be heard at the Open Forum sessions, the proposal was approved and plans are now underway.

Last year, detailed plans for a coffeehouse were submitted to Sister Linda by the SGA, but the idea did not seem feasible at that time. However, the need for an informal gathering place was restated at the first Open Forum in November, and the game room in Thompson Hall was chosen as the site.

Delta Design Associates has been contracted to present plans for the room. A meeting, involving Sister Linda, administrators and the student committee, will be called to discuss and vote on the final suggestions. Anyone interested in the planning of the Coffeehouse should contact Sister Linda.

self-study tests campus response

The Student Government Association has been suspended in a step to accommodate the campus' desire for a more suitable government structure. The responsibility of outlining a new form of representation rests entirely with the Barry community. Whether or not they meet this challenge will depend on the effectiveness of the SGA Self-Study Committee.

On Tuesday, January 17, the Self-Study Committee met in the Faculty Conference Room and issued three statements defining the role of student government during the suspension period. Twenty students were present at this meeting.

The first motion dealt with any student problem situations that may develop from now until March 20. It stated that "Any situations that arise that would normally be handled by Student Government Committees, will be brought to the Self-Study meetings and will be referred to the chairman of the respective SGA committee."

The second motion was concerned with social and service events. It was resolved that, "Any student is encouraged to promote any social or service event. If funds are needed contact Marilyn Maneely in person, through campus mail, or at the Tuesday night meetings."

The duties of elected SGA officials clarified in the third motion which read, "Elected members to the SGA will retain responsibilities of student rep-

resentation. The Self-Study Committee can at any time expect these members to gather opinions and inform students concerning issues discussed."

The Self-Study Committee meets every Tuesday at 5:15 p.m. in the Faculty lounge. It is emphasized and urged that any member of the Barry Community can attend the meetings.

students hold mock primary

The Florida presidential primary on March 14 is fast approaching. How will the newly registered students vote? What party and candidate will they endorse?

These are questions that are on the minds of the politicians and the American public. They may be answered through "Project 7th of March."

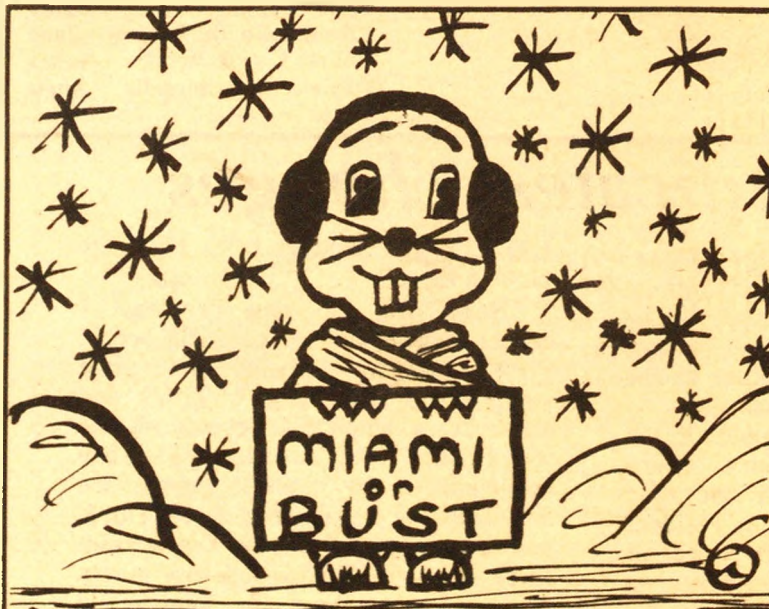
On Tuesday, March 7, a mock primary will be held on over 30 Florida college campuses. The project is a student activity geared to duplicate the statewide March 14th Florida primary.

The ballot used will be identical to the one used in the actual election. Restrictions will also be the same. Only registered Florida voters may participate in "Project 7th of March." Registered Democrats may vote only in their party primary and registered Republicans may vote only in the GOP section of the ballot. Students with any other party affiliation will not be allowed to vote.

According to organizers of the student primary, the 300,000 college students expected to vote could make an influential political lobbying force in Florida. Also, the college primary is expected to reduce voter apathy on the campuses and aid campus voter registration drives.

"Project 7th of March" has received several state and national endorsements from such men as Senator George McGovern, Governor George Wallace, Mayor John Lindsay, Senator Hubert Humphrey, and Congressman Bob Sikes.

Polls will be open from 9 a.m. through 7 p.m. and the location of the voting will be arranged by the campus co-ordinator of each college. Announcement of the results will be made at a press conference on Wednesday, March 8th.



The groundhog comes out of his hole on February 2, after a long winter sleep, to look for his shadow. According to popular tradition in the United States, if the groundhog sees the shadow he regards it as an omen of six more weeks of bad weather. He will then return to his hole for that period. However, if the day is cloudy and shadowless the "prophet" takes it as a sign of coming spring and is content to stay above ground.

hourglass
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community challenges student support

Barry students have been criticized repeatedly for their apathy, lack of involvement in school activities, and limited interest in their school. Perhaps, they have been reprimanded to a point where they are exhausted from the criticism and would like to hear some suggestions as to what they can become involved in.

Ideally, every person should be involved in some activity besides the academics of campus life, whether it be a school activity or otherwise.

Unfortunately, many Barry students look exclusively to campus organizations for activities. And indeed, Barry has some areas in which involvement is merited, including: the several productions sponsored by the drama department, the Student Government Association which is asking for the entire Barry community to assist in the development of a new form of government, and the intercollegiate sports teams that seek support. The **Hourglass**, too, invites students to come by the office in Thompson Hall and contribute to the production of the **Hourglass** in some manner. There are a variety of jobs to perform for each issue and we urge your cooperation.

However, at Barry there are no organizations in the form of fraternities or sororities, or any football or soccer teams that seem to provoke spirit and involvement in many of the other college campuses across the nation.

Still, Barry CAN become an even more active campus than it is. Because of its relatively small size we speculate that this goal can be accomplished only if the students decide to extend their interests and services to the community surrounding Barry as well as Barry itself.

Before illustrating the extent that Barry volunteers are needed, we would like to make one point from a financial view. The tuition and fees that each of us pays every year only covers approximately 56% of the total educational and general expenditures of Barry College for that year. The balance, in the form of gifts, contributions, and such, must come from the outside community.

What exactly can Barry girls do as at least parttime members of the Dade County community?

There are many organizations in the greater Miami area in need of volunteers for their programs. Vista is one such organization, which has requested support from the Barry community. Can some of us spare a few hours a week to work with disadvantaged, underprivileged children? Or, are we all too busy?

This year is ideal for those students interested in politics. With the Florida Primary scheduled in March, the Democratic convention to be located on Miami Beach and finally, the presidential election in November, opportunities for youth to become actively involved in campaigns are abundant.

Another group seeking support from the community is the Youth Relations Board. Through this program the student can become active in projects such as: pollution, urban development, status of women and housing.

There are opportunities to get involved in off-campus functions. Are the students at Barry taking advantage of these opportunities?

HOURLASS STAFF

The **HOURLASS** is published every three weeks by the students of Barry College. Editorial views herein are not necessarily those of either the Barry faculty or administration. It is the policy of this newspaper to provide equal space for dissenting views.

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policy indicates changes

"Male Guest Visitation Privileges" is the official name for Barry's newest reform. Escorted male guests will be allowed admittance to the inner lounges of the dormitories, in addition to the lobbies, because of this amendment.

The rules and regulations for the new visitation procedure were introduced by Sister Linda and read aloud by Bonnie Pilon at a resident meeting, January 17. There were, of course, many comments and questions heard at that time. The students, on the whole, seem to be quite pleased with these results.

The lounges (most notably in Weber House) have undergone drastic changes in order to cope with their sudden popularity. It is only a pity that these rooms suffered from so much lack of attention previously. The improved rooms may be shared with male visitors Fridays and Saturdays from 7 p.m. to

1:45 a.m. and Sundays from 1 p.m. to 11:45 p.m.

Now, with this new privilege, I expect a variety of things might occur. First, those who already have male visitors will use these facilities and share them with their guests on the weekends. Secondly, valuable opportunities for meeting people are now knocking on our lobby doors. Third, and somewhat adversely I'm afraid, there is slight anticipation that others will shy away from the lounges on weekends and invariably be left with no place to watch TV or sit quietly alone while the visitation hours are in affect.

The changes on this campus, however, are noteworthy and important to Barry's progressive function as a college of the 70's. It is encouraging to know that we students are being heard and that our proposals are not being ignored. Some action is being taken!

---letters to

team seeks support

Dear Editor:

It has come to my attention that with Barry's usual apathetic attitude very few people support the cheerleaders and basketball players at Biscayne's home games. I realize that the general concept of Biscayne, to put it mildly, is poor, but instead of sitting in the dorms over the weekends complaining, you COULD go to the games.

After we (the guys on the team

and the cheerleaders) spend many hours working and sweating in preparation for a game, it is really disappointing when no one shows up. You might be surprised if you came to one of the games.

We have had a winning season so far and we are going to keep on trying; can't you?

DIAN SMITH
 71-72 Varsity Cheerleader

political involvement re-emphasized

Dear Editor:

I appreciate your notation of the response of the History Department to the request of SGA: a course which would recognize the efforts of students in active political involvement. I would like to clarify, however, the conditions requisite for credit: 1) registration in Political Science 159-459, 2) practice in actual political process, 3) analysis of involvement (written essay), and 4) class meetings for directed discussion. A student will be admitted to this course if she is qualified and will then receive credit.

I have responded to this request in this way because I am most interested in contributing to an informed political consciousness among interested students.

SISTER JEANNE LEFEBVRE

'ufo...' sparks comment

Dear Editor:

I noticed the item "ufo . . ." on page 6 of the 1971 December issue of the **Hourglass**.

I wish I hadn't.

There is a difference between irreverence and boorishness.

Or was this an example of "mature" light-hearted playfulness?

It is keenest pain to be ashamed of a student you love.

To care deeply about students means that you can be hurt more easily. If I were indifferent, I'd kill "ufo . . ." by silence.

I care. That item was one to be met by an ENORMOUS SILENCE Let's forget it.

That was last time. It's gone now.

There is a whole lifetime ahead.

Sincerely,
 SISTER ADRIAN KETTLER O.P.



Jodi Beyer, Managing Editor and Barbara Rice News Editor discussing plans for **Hourglass**.

freshmen chosen for editorial positions

Jodi Beyer and Barbara Rice are freshmen English majors with a special interest in journalism.

Both of them have had previous training in high school journalism. Also, they each displayed an interest in the **Hourglass** and became active members on the **Hourglass** staff during the 1971 fall semester.

Now, Jodi and Barbara hold the respective positions of Managing Editor and News Editor on the **Hourglass** editorial staff.

Jodi has had high school newspaper experience in public relations, layout, headlines and other technical aspects of the

newspaper. This experience qualified her for the job of managing editor in which she performs duties similar to those mentioned above.

Prior newspaper work is indicated in Barbara's background also. In addition to journalism, the recently selected News Editor studied creative writing. Barbara's function on the staff includes gathering the news and securing all articles for publication.

As News and Managing Editors, Barbara and Jodi will be working toward common goals for an organized staff and a stronger journalism department.

the editor---



Children join Barry volunteers for Christmas celebration at Gesu Church.

barry girls spread christmas joy

To the Barry College Community:

The gifts and money that you joyfully parted with to give towards the Christmas party for the kids at Gesu Church are only half of the true picture. We wish that you could have been at the party when over 150 kids, who live in the inner city of Miami, had a surprise visit from Santa Claus (in the person of Peggy Albert, a sophomore at Barry) and received gifts from "him" in person — not to mention the cookies, candy and ice cream that they devoured.

In thanksgiving for all the good things that you made possible for them, they had a special Mass for you Sunday, January 16 (see picture).

We want you to share, as much as possible, in the joy you've given them. Thanks for being a sign of His new Life.

SINCERELY,
SISTER BARBARA SMITH
SISTER BARBARA RUND
FRANCES LETO

muskie support urged

Dear Editor:

I would like to urge the students of Barry College to work vigorously in Senator Edmund Muskie's campaign for President of the U. S.

I especially urge them to work in Muskie's campaign for the March 14 Florida Primary.

As President, Sen. Muskie will immediately end the Vietnam War. He will also make the nation solve

the many problems of American youth, especially the need to guarantee everyone a job.

Thank you very much for your help.

ROBERT BARBER
11 Palmer Street Athens, Ohio

ED. NOTE: For more information concerning work on Muskie's campaign contact Box 482.

chaplain charges youth has lack of religious interest

One of the great misconceptions of our day, one which I think must be faced by the so-called "youth worshippers," is that the younger generation may not be as bold or as noble about such issues as justice, peace or religion as the over-thirty outcasts of their generation.

Young people today are suffering from character problems. The chief problem is their incapacity to feel. It has been said recently that the young are "like a living machine... a grim generation who will talk about violence and injustice and may even demonstrate against them, but will have little feeling for others."

"When they make love, they are more concerned about which contraceptive to use than about passion. They hate war because

it interferes with their plans."

Youth today needs a sense of belonging. They also need to see a demonstration of what has moved the teacher to believe and to dedicate his life.

Barry College manifests little which could be called "religious enthusiasm" among its students. There are many reasons for this state. Some students couldn't care less. There is almost no forum to discuss religious observance, life or interests. The class meetings are poorly attended, appeals to the SGA to consider the parish status of the chapel or chapel weddings have gone unanswered, the parish council has no students on it, the Chaplain is too new to know the feelings of the students, etc. BUT THINGS ARE LOOKING UP. In the past

affairs committee schedules movies

The SGA Social and Cultural Affairs Committee will sponsor a Movie Series beginning January 29. Opening the series is *The Big Bounce* starring Rvan O'Neil, on January 29. *Camelot* will be presented on February 4 and *Othello* on February 11. These three films will be shown in the Auditorium at 8:00 p.m. On February 18 *Bonnie and Clyde* can be seen in the Weigand Lecture Hall at 8:00 p.m. There is a \$1 admission charge.

student excellence recognized

Lambda Iota Tau (LIT) will be choosing new candidates in the near future. LIT is a national honorary society which recognizes students who have excelled in literature. It is the only organization of its kind acknowledged by the Association of College Honor Societies.

Last semester eight Barry Students were inducted into LIT. They were: Kathleen Cleary, Cynthia Connolly, Sarah Perez Danger, Elley W. Decker, Patty Flanagan, Silvia Perezde Corcho, Edie Reno, and Lilliam Valiente.

New members for the 1972 spring semester will be selected from the junior class.

film class

'shoots' barry

A fifteen minute film, to be written, directed and produced by Miss Patricia Minnaugh's film study class, is currently being planned. The film will portray life at Barry as seen by the twelve students in the class. After its completion, the admissions office will use the film for recruitment purposes.

The **HOURGLASS** wishes to recognize Donna Gunn who was named to the 1971-72 edition of *Who's Who Among Students in American Universities and Colleges*. Her name was inadvertently left out of an article which appeared in the December issue of the **HOURGLASS**.

three weeks several students have asked for a forum to discuss these matters, polls have been conducted and liturgies have been developed by Barry students; there is new interest in spiritual matters.

Now is the time to organize this general interest. On Thursday, Feb. 3, at 4 o'clock let's get together in the chapel for a rally to discuss the religious life of our campus. All members of the Barry community are invited, any one may speak, all of us will listen. This is a New Year. Let's get it started with an honest and open forum. Is there as much interest in this aspect of your life as there was in the open visitation forum?

See you at the Cor Jesu Chapel, next Thursday, 4 o'clock.

FR. NEAL McDERMOTT

campus favors

confidential evaluation

The results of the questionnaire on teacher evaluation taken first semester have been compiled. The questionnaire followed a proposal made by the Educational Affairs Committee in the October 29 issue of the **HOURGLASS**, and the comments and reactions given at the SGA Open Forum on November 21.

The majority of the Barry Community is a favor of choice No. 3 therefore, a **Student-Administered Confidential Evaluation** will be organized and distributed shortly after Easter.

On the questionnaire several students recommended the publishing of course summaries stating the teachers' objectives, method of grading, required reading, etc. This course summary is to be published each semester before registration.

The results of the questionnaire are listed below:

1. No Evaluation.
2. Teacher Administered Evaluation
3. Student-Administered Confidential Evaluation
4. Student-Published Guide To Courses And Teachers
5. Undecided

	Faculty	Administration	Students
1.	0	0	3
2.	13	1	22
3.	18	4	63
4.	8	1	59
5.	0	0	4

'flick' features

congenial atmosphere

By CHIQUI GONZALEZ

During the 1950's the Beat Generation had as its favorite gathering place, the coffeehouse. The drink was espresso. The male patrons often sported goatees and the catchy phrases "he's a cool cat" and "Do you dig, Daddy-o?" colored their conversations.

An ever-present guitar was used to express views on life, death, love, hate, sadness and joy. Aspiring musicians always found an audience and many artists trace their beginnings back to *The Purple Onion* and *The Hungry I*, two well-known coffeehouses.

The Flick in Coral Gables is often described as a coffeehouse even though it lacks many of the recognizable characteristics. Coffee is served and many customers DO have beards, but the nonprofessional air that always surrounded many of the coffeehouses of the 1950's is nowhere to be found. *The Flick* is a very professional establishment which prides itself in presenting nationally known recording artists along with local talents.

At a recent show George Blackwell was the opening performer. Blackwell, an extremely versatile musician, set the pace for the evening. He made references to the "intimate size" of the audience and proceeded to play a variation of "Classical Gas".

A most striking thing was the lack of pressure on both the performer and the audience. Blackwell enjoyed what he was playing and from the audience's response at the end of a Country and Western version of "Malaguena" it was obvious that the audience felt the same way.

Blackwell was followed by Pat Champion, a lady with a very wide vocal range who let it be known that parts of her life were in the songs. One of her best interpretations was an audience request for Leonard Cohen's "Suzanne".

Next was Flip Peris who has appeared at *The Bitter End* in New York and *The Cellar Door* in Washington, D.C. Perched on a stool and admittedly nervous, she was an audience favorite. Her phrasing and haunting vocal quality made "A Single Girl's Lament" memorable. As she sang of meeting "Mr. Right" at the wrong time, the room grew very quiet and then burst into applause.

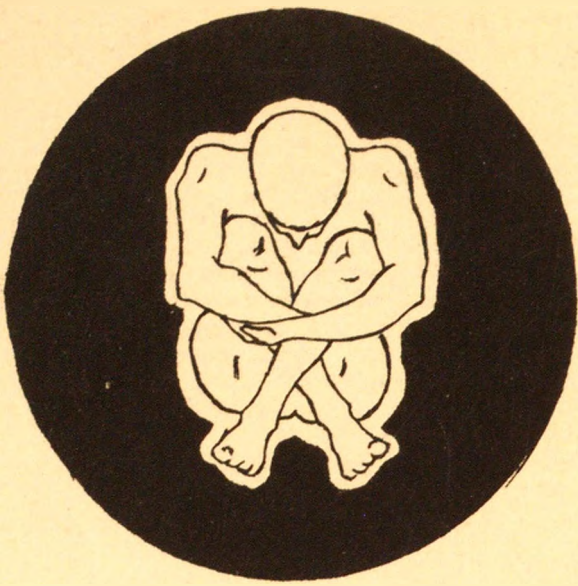
Finally, the evening's headliner, Dion, appeared. In a pullover and jeans, the Warner Brothers recording artist emitted no particular star quality. He joked with the audience and a waitress who tried so very hard to be inconspicuous.

Shaded by rose tinted wire-rims his eyes surveyed the room and he began to play. If not in appearance then definitely in performance, the word "star" can be applied to Dion. From his opening number "The Sisters Of Mercy" to Chuck Berry interpretations, he demonstrated his range of musical ability and interpretation.

I have always admired a singer who is self-accompanied and manages to do both well. By the time Dion has finished it is evident that not only can he sing and play the guitar but he can also hold his own at tinkling the keys. In this case *The Flick* did save the best for last.

If you remember the coffeehouses of the 1950's and want to see the change, or if you missed them the first time around, *The Flick* is it.

the sights and sound



Jean Jacques Rousseau described man as a social animal; yet, each man finds the need for solitude in his life. At some time, each man desires a time and place where he can be entirely with himself, not just by himself. Through soul-searching and reflection upon his past deeds, man plans his future. Solitude provides a means for acquiring greater self-knowledge.

As college students, we can fall prey to the social malady of "role confusion." We tend to act differently toward the various individuals and situations we encounter in daily life. Each person has many roles: the serious student, the club-joiner, the frivolous party-goer, the lazy tennis player, the hard-working clerk in the grocery store.

As we study diverse subjects in college, we may experience an identity problem. A philosophy elective may prove to be more enjoyable and worthwhile to the biology student than the genetics laboratory he is required to take. There is no law which states that we must compartmentalize our interests. Why shouldn't the English major try-out for a musical production, such as Fiddler on the Roof? The decision to devote one's time and energy to an activity not directly in keeping with one's image requires considerable deliberation and clarification.

Solitude is not a lonely affair, although we are alone. It is a cradle for inner wisdom in which we can alternately experience joy and sadness, peace and turmoil, clear conscience and guilt. Within each man there is a unique individual whose presence should be periodically recognized, analyzed, and, perhaps, synthesized.



LOVERS OF SOLITUDE marjean

Look to the stars
To go into solitude.
Stars awaken envoys of beauty —
In spite of real sorrow.
Stars awaken: Reverence . . .
Yielded tribute of delight —
Lovers uncontained and immortal beauty.

The stars stand mute,
While enchantment reaches my dusk.
As I delight with the morning wind —
I, too, stand in solitudes hush.

The mosing dew, the limpid lake . . .
Radiance of Olympus.
The sea, the rambling sea —
Napping, tapping, rapping
The quaint soul of discern:
Yet, the sea too,
Calms in pause,
And looks into solitude.

Guiding Spirit of air above,
Nature so satisfied by your godliness.

Heaven in its eternal calm —
Stars, glittering solitude of love.

Stories by Becky Gruen and Cookie Mello



Each person must discover his own place of solitude. A nature enthusiast may find his Shangri-la in the unmown field alongside a secluded waterway. Another individual may remain in his room, draw the curtains, huddle under the warm covers of his bed blanket, and begin his own pursuit of his inner mind. A more pious individual could prefer to seek solitude in the chapel.

Others may perform a regimen of activity. The early morning walkers, the devotees of yoga, and the transcendental meditators meet themselves unabashed. Engaged in their different activities, they become accustomed to their own presence. The mode of the solitude is not important for it is the thought that counts.

However, not every man can face himself. Can you face yourself? Do you always flick on the radio knob the very instant you enter your room? Do you dull your mind by staring into the glare of the television set? Solitude is a sincere effort which asks that you face yourself. Can you accept its challenge?



ds of solitude

Sing and dance together and be joyous, but . . .

let each one of you be alone, even as the

strings of a lute are alone, though they

quiver with the same music.

from **THE PROPHET**
by **Kahlil Gibran**

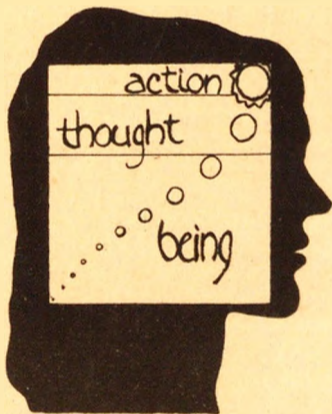
"Man is born to live a perfect life, encompassing the values of the transcendental Absolute — unlimited energy, intelligence, power, peace and bliss — together with the unlimited values of the world of multiplicity in relative existence." is one of the primary tenets of Transcendental Meditation (TM) as taught by Maharishi Mahesh Yogi.

The aim of TM is to deepen "the experience of contemplation and prayer although it is not of itself a religious or spiritual exercise," said Dr. Harry Elden, Ph.D. an adjunct professor on our campus. Dr. Elden invited faculty and students to attend the seminars offered on campus last semester by representatives of SIMS, Students International Meditation Society.

Mary Kollmeyer, who attended these introductory seminars, decided to delve further into TM by taking the course. Presently, Mary has found TM to be one vehicle by which an individual can attain self-realization. "Everybody has his own method to feel realized as a person. For me, TM is a very good way," she commented.

The actual practice of TM is a simple and natural daily routine. Twice a day, before breakfast and before retiring in the evening, Mary meditates upon her "montra" for fifteen minutes. Montra is the sound which is produced repeatedly within her mind. At the time of her meditation, she is seated comfortably on the floor, her eyes closed, in the quiet of her room. Mary stressed that there is no rigidity in the mediation itself. If the mind wanders from the inaudible montra, tension is being released. Gently, the mind will re-focus its attention on the montra when it is ready.

TM delineates man's entire existence into three states: action, thought, and being. Man's thought and action find their common source in Being Through TM, the conscious mind of the subject quietly endeavors to experience thought at its origin. TM seeks to bring much of man's hidden potential to the surface in the form of thought and action.



Art by Angie Perez

Mary has tried yoga, however, she prefers TM. "Stifling!" was her description for the rigor and exercise of yoga. She enjoys the peace and tranquility which TM brings to her. Refreshed from her meditation, Mary finds that she is better able to face the stress and tension of daily living. Unlike drugs and alcohol, TM is not an escape from life, but a way in which man can function at optimum efficiency, poetically termed "the elegant level."

There is medical evidence available which indicates that this technique, a state of mind and being, can benefit man. "Oxygen consumption, heartrate, skin resistance and electroencephalograph measurements were recorded before, during and after subjects practiced a technique called transcendental meditation. There were significant changes between the control period and the meditation period in all measurements."

"During meditation, oxygen consumption and heartrate decreased, skin resistance increased, and the electroencephalogram showed specific changes in certain frequencies. Before meditation, with eyes closed, all subjects showed alpha activity. During meditation, the regularity and amplitude of the alpha waves increased in all subjects."

"These results seemed to distinguish the state produced by Transcendental Meditation from commonly encountered states of consciousness and suggests that it may have practical applications." (From the "Physiological Effects of Transcendental Meditation" By Robert Keith Wallace, Published in **Science Magazine**.)

Betsy Parker, a freshman at Barry, has been able to combine the strenuous exercise of yoga with the experiential thoughts of Transcendental Meditation. When asked why she began to study yoga and TM, she replied, "Others were using drugs and drinking, I did not want to do that, so I got into TM and yoga instead."

In a search for both spirituality and solitude, she began these two disciplines on the occasion of Maharishi Mahesh Yogi's birthday. The initiation proved to be a sacred ceremony, involving only the student and his instructor.

Since then, Betsy has become a vegetarian. Betsy noted that the vegetarian's diet can be satisfied in the Barry cafeteria by eating salads and cheeses. She warned that "you have to watch what you eat, because it is easy to lose too much weight on this kind of diet."

Based upon Hindu philosophy, yoga is a discipline of prescribed postures, controlled breathing, and intense and complete concentration upon an object. Betsy says, "I feel like I'm keeping my body sound. Yoga is the most relaxing thing in the world, even though it's strenuous."

Betsy described herself as having been an easily excitable person before her practice of yoga and TM. Now she is seen to be the picture of calm and surety. On the times she misses her meditations and yoga, she says that she feels "lousy."

Although Betsy has already reaped some of the physical and psychological benefits of her practices, it will take at least seven more years before she can reach the goal of complete awareness of self and surroundings. For example, a master of both yoga and TM claims that he is cognizant even while he sleeps.



mckay's book recognized

fellow philosopher cites barry prof

By ANGIE PEREZ

Attention all "mind-inclined" individuals! The Barry College Community may be witnessing the emergence of an internationally known philosophical figure!

Professor John T. McKay, teacher of philosophy at Barry College, recently received recognition from the famous German physicist, Werner Heisenberg, on his new book, "The Philosophy of Niels Bohr." In a letter which holds philosophical implications for our times, Professor Heisenberg, a close collaborator of the celebrated Niels Bohr, endorsed Mr. McKay's understanding of the Danish scientist's thought.

One central issue of Bohr's philosophy, explained in the introduction to Mr. McKay's book, is the problem of the rationality of our knowledge of nature. Mr. McKay feels this idea to be "the most profound intellectual challenge of our time."

During the course of conversation with Mr. McKay, the professor discussed, among other points, the dilemma of our society in dealing with technology. He also stressed the failure of modern philosophy, due to its ambiguity, to confront with and help Man to resolve this problem.

Concerning the future course of philosophy, Mr. McKay expressed the hope that today's young people will realize the error that would result from ignoring the place of technology and science in everyday life. He foresaw "a new humanism" arising from a better understanding of science and its interrelationship with philosophy and art. However, he added, this humanism must be brought about through active participation on the part of all men. Another matter he considered crucial was the close kinship between what he termed "the intelligibility of nature and the meaning and purpose of human existence."

Mr. McKay's interest in philosophy developed from an early concern with the sciences; he sees one as the continuation of the other. To Mr. McKay, the work of both Bohr and Heisenberg, "represents a major intellectual revolution." Bohr especially is, in Mr. McKay's opinion, the most important scientific and philosophical figure of the 20th century.

The professor is currently working on his book, which he hopes to complete in the very near future. He has now collected all the published and unpublished manuscripts of Niels Bohr. Gauging the impact of the work on society, Mr. McKay remarked that he is attempting to demonstrate that, the irrational concept of nature and human existence as viewed by the existentialists (notably Sartre) is totally incompatible with "a broadly ecological view of nature (as evidenced in the works of St. Thomas Aquinas and Aristotle)."

Mr. McKay is the author of another book, "Science, Man, and Meaning," also read and recommended by Mr. Heisenberg, which treats the concept of purposiveness and seeks to link the sciences of physics, chemistry, and biology to Man. It is now being considered for publication by Florida Atlantic University at Boca Raton.

Mr. McKay plans to continue writing books, for the very purpose of combating the view of the irrationality of nature and human existence. He has two in mind, one on philosophy and contemporary intellectual issues in America and another on our contemporary ethical crisis. Other possible ideas for future books include one concerning the connection between philosophy and the development of humanistic psychology and another serving as a study of 20th century culture.

The following is the letter Mr. McKay recently received from Werner Heisenberg in regards to his book, "The Philosophy of Niels Bohr:

Dear Professor McKay:

I thank you very much for sending me the introduction to your book "The Philosophy of Niels Bohr" which I have studied with greatest interest. From your introduction I can see that you have understood Bohr's way of thinking extremely well, and I am looking forward to your book when it is ready. You are certainly right in saying that Bohr's philosophical attitude was most strongly influenced by his experiences in science. In all the years, say from 1910 to 1925, when Bohr wrote his essential contributions to atomic theory, he was forced by the atomic phenomena to recognize the irrational features in our attempts to understand nature. This probably also explains the difference in attitude between Bohr and myself. After having discussed these irrational features in all details with Bohr over and over again, the strongest impression which I got from my experiences in science was the fact that finally there exists a mathematical scheme which did describe the atomic phenomena correctly, namely quantum-or wave-mechanics. In those years I sometimes felt that this was a surprise for Bohr. Perhaps he would have been satisfied even if such a mathematical scheme did not exist. For me on the other



Professor John T. McKay

hand the mathematical scheme was a proof that finally nature can be understood in rational terms even if the word 'understanding' has to undergo radical changes. We, i.e. Bohr and I, often discussed the question whether one should call this kind of understanding rational or irrational. Finally I had the impression that we always agreed on the essential issues but that there did remain a slight difference in philosophical attitude, in as much as I emphasized the importance of the mathematical scheme more than he did. Even this slight difference is correctly described in your introduction.

Again many thanks,

Yours,
Professor W. Heisenberg

simon examines values

"A value is uniquely personal," explained Doctor Sidney Simon. "It is a tool rather than an answer for the future." Dr. Simon, a professor from the University of Massachusetts, elaborated on his searching process for values in a two hour lecture held at Barry's Auditorium last Sunday evening.

The professor called a panel of thirteen to the stage where they discussed various issues including a series of value voting questions, value clarification problems, and numerous mind-probing exercises.

On February 13, the next speaker of the Religious Series, Fr. Richard McBrien, will be speaking on the topic "Christian, Who Are You?" He will be followed by Doctor Bernard Boelen on March 19. Dr. Boelen will discuss "Are Crises a Process of Growth into Full Life?" The final speaker of the series is Fr. Alfred McBride answering the question, "Can Religious Education Unite Us?"

Tickets for the remainder of the Religious Studies Lecture Series are on sale at \$2.50 for each lecture scheduled at 8 p.m. in the Barry College Auditorium. Contact the Department of Religious Studies, Box 99, for further information.

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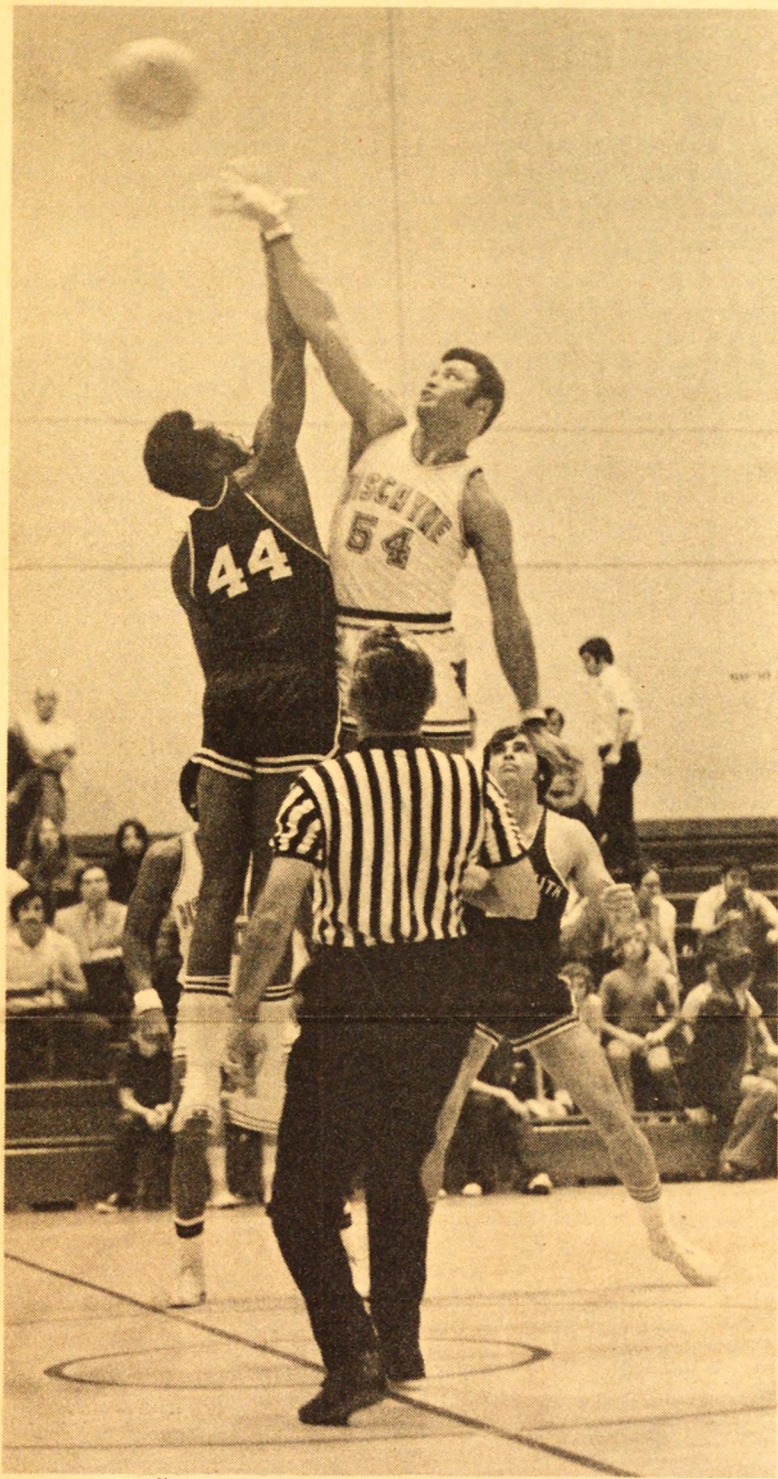
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Biscayne's tall man Dave Lawyer (54) outjumps a Monmouth player as Bobcats outscore opponents.

biscayne bobcats squeeze by towson

The Biscayne College Bobcats outscored Towson State, 68-66 in a close match Saturday, January 22. This win boosted their win-loss record to 8-4.

The game, staged at North Miami Beach Auditorium before a crowd of 600 spectators, saw Biscayne unavenged for the fifth straight home game.

Head coach, Ken Stibler, attributed the win primarily to the efforts of the defense in the second half of the game.

According to Coach Stibler, Rick Haas, a junior at Biscayne and starting forward for the Bobcats, played a great defensive as well as offensive game, and his size proved to be no liability as he scored a total of 12 points.

Other high scorers of the game included: John Gay scoring 18 points, Dave Lawyer with 15 points and Jim McCloud with an additional 15 points.

ED. NOTE: Due to publication deadlines, the results from last night's Biscayne-Old Dominion game could not appear in this issue.

The next home game will be on January 31, against St. Peter's College.



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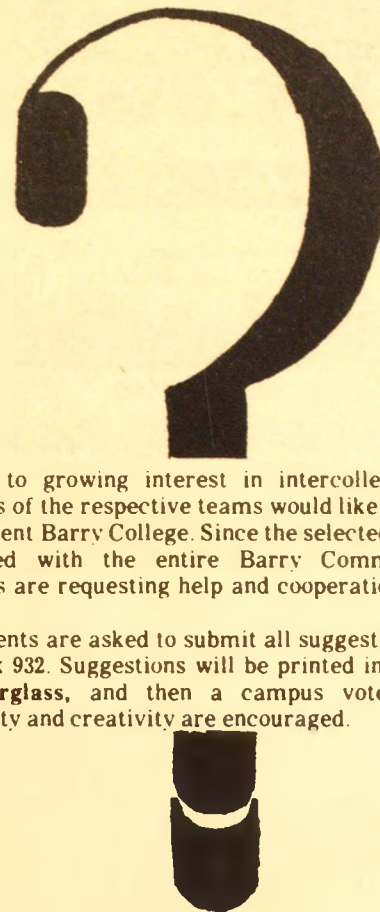
GAME TIMES:

8:00 a.m. - 10:00 p.m.

FOR TICKET INFO

CONTACT MRS. MILLER

TH-104



Due to growing interest in intercollegiate sports, the members of the respective teams would like to adopt a mascot to represent Barry College. Since the selected mascot would be associated with the entire Barry Community the team members are requesting help and cooperation in choosing the mascot.

Students are asked to submit all suggestions to Barb Rice, P.O. Box 932. Suggestions will be printed in the next issue of the **Hourglass**, and then a campus vote will be taken. Originality and creativity are encouraged.

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calendar clicks with classics

By CHIQUI GONZALEZ

Jazz, classical music, rock, opera and ballet will be represented in Miami this month. The majority of these concerts are only performed once at the Dade County Auditorium.

The University of Miami has only one film offering which stars Hayim Topol of *Fiddler on the Roof*. Channel 2 is presenting a 26 week film classics festival at 8:30 p.m. every Friday night.

January 28 — Ferrante and Teicher, the two hilarious wizards of the keyboard will appear at the Dade County Auditorium 8:30 p.m.

January 28, 29, 30 — The Flick presents Capitol recording artist **Jamie Brockett**. Shows at 8:30, 10:30 and 12:30 p.m. Sundays at 8:30 and 10:30 p.m. only

February 4 — In concert, the incomparable **Artur Schnabel**. Dade County Auditorium 8:30 p.m.

February 5 — Only one Miami performance will be given by **The Ballet Spectacular** starring Melissa Hayden, Lupe Serrano and Jacques d'Amboise. Dade County Auditorium, 8:30 p.m.

February 6 — The Preservation Hall Jazz Band will give a concert at the Barry College Auditorium, 8:15 p.m.

February 6 — The Greater Miami Philharmonic presents Mahler's Symphony No. 2 (Resurrection). Birgit Finnila and Barbara Shuttleworth are the featured contralto, and soprano. Dade County Auditorium 8:30 p.m.

February 9 — Soprano **Beverly Sills** appears in a benefit performance at the Dade County Auditorium 8:30 p.m.

February 14 — The University of Miami Film Society presents *Sallah* with Hayim Topol plus a travelogue "Cantagena of the Indies". *Loves of Franistan*, a brief satire, also featured in the Listening Center Building Room 140. 8:00 p.m.



De De Pierce of The Preservation Hall Band.

jazz band leads series

Sister Margaret Allen, chairman of the Culture Series, has scheduled three groups with a variety of musical sounds to appear at Barry during the month of February. All shows will begin at 8:15 p.m. and will be staged in the Barry College Auditorium with a \$3 - \$4 admission charge.

February 6 will mark the Preservation Hall Jazz Band's third appearance on this campus. The Dixieland Band plays music of the Deep South, using the Louis Armstrong style. In accordance with the nature of New Orleans jazz, many of the selections will be improvised.

From Broadway With Love, the next show featured in the Culture Series, will be at Barry on February 20. The group will perform selections from such musicals as *Mame*, *Cabaret*, *Fiddler on the Roof*, and a medley of George M. Cohen hits.

A February 27 performance is scheduled for **Jamz Dutton** and his *Redwood Rebellion*. This new marimba group plays thirty-nine instruments and uses an electronic FASOR, which translates sounds into electric light signals. According to a spokesman, the Jamz Dutton and Redwood Rebellion "takes its audiences on a trip of throbbing sounds and swirling lights, going from pop to rock and then zipping to bossa nova to Bach."

datelines...

Prime Minister of Bangladesh, Sheik Mujib said in a news conference if the U.S. offered aid to his country they would accept it as long as "no strings were attached."

The Health, Education and Welfare Department suggested that women be paid Social Security benefits based on their unpaid housework. Among other things, housewives could have retirement and disability benefits, two or three year absences from child raising, and government subsidized adoptions.

Denmark's King Frederik IX died on January 14, and his 31 year-old daughter Margrethe ascended to the throne. She is Denmark's first reigning queen since 1412.

According to the Chinese calendar, February 15 marks the beginning of lunar year 4670 — the Year of the Rat. Although it is supposed to usher in a new era and international diplomatic relationships may be bettered, marriage is not advisable.

Miami Police Chief **Bernard Garmire** commented that downtown Miami is the safest part of the city because of a police war on crime. Armed robberies and car thefts have been decreasing somewhat even though Miami is supposedly number one in crime per capita.

In Europe thousands of paying summer jobs are available for any college student. Interested students may obtain application forms, job listings and descriptions, and the **SOS Handbook** on earning a trip to Europe by sending their name, address, educational institution and \$1 to Summer Placement Officer, SOS — Student Overseas Services, 22 Ave. de la Liberte, Luxembourg, Europe.

Back in Florida, business has increased 25% from last year for the Sunny Palm Lodge, a nudist colony.

Barry College students will have an opportunity again this year to frolic in Eleuthra for a weekend. The small island in the Caribbean has become an overnight success with vacationers all over the world. For more information watch the bulletin boards.

Dr. John M. Riley, who has had previous experience in several social welfare programs, was recently chosen as Dean of the School of Social Work at Barry. Dr. Riley received his Ph.D. in Social Welfare from Brandeis University and he is expected to arrive on campus in July.

Jordan Marsh (163rd) will be the guests of Barry College on February 15, at 5:30 p.m. in the cafeteria. Formal fashions for all occasions, including weddings and proms will be modeled by Barry students.

west point men to serenade barry

The West Point Glee Club, in full military dress, will present a concert in the Barry Auditorium on February 19. The club, consisting of 85 men, will perform at Barry before going to Disney World.

Following the concert, a reception is scheduled in Thompson Hall with a live band. Tickets to the concert will also act as admission to the reception and will be available at the Information Desk.

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The rumor of bicycle vandalism during the Christmas holiday is just that — a rumor. According to Sister Linda Bevilacqua, Dean of Students, no official reports of missing bicycles have been received in her office. Apparently, the hacksaw

and chain found in the bike room by the security guard, were remnants of an unsuccessful attempt. To date, all bikes are now situated in the lobby of Weber House and plans are for them to remain there.

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