



Buccaneer

The Student Newspaper

VIOLENCE SEEPS INTO THE HEART OF BARRY

By Ava Brown
Staff writer

The next time someone bumps into you, or says something you don't like, think before you act. What are you going to do? What will the outcome be?

Violence has always been present in our society, that much is known. It's also evident that people are becoming less tolerant of each other.

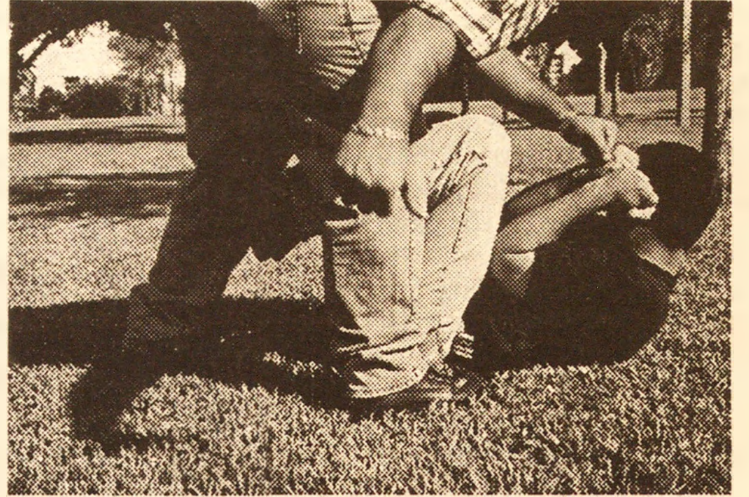
In Laramie, Wyoming, a 21-year-old gay student from the University of Wyoming was pistol-whipped, tortured, tied to a fence and left to die. His attackers were two men ages 21 and 22. Closer to home here at Barry, there are incidents of violence, fortunately none nearly as gruesome as in Laramie.

Just this semester on the night of Oct. 3, 1998, into the next morning, a fight ensued during a party

held in the Mottram Doss residence hall area. Police were called to the campus as scores of students stood around in various groups conversing with each other.

"The party's over," said one undergraduate walking back to her dorm.

Inside the party room, the sound system was being taken down. People were walking away, back to their own dorms or cars, the night previously jubilant, now stood quiet. A palm tree lay uprooted, victim of



Incidents of violence increase nationwide as Barry follows suit.

the scuffle.

"We have had other incidences before," said Stanley Young, director of public safety at Barry. "In general this has been a very quiet se-

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CAST PROMISES SUCCESS

By Kate Fralze
Staff writer

Theatre students at Barry are about to take a trip back in time...Way back. The cast of A Mid-Summer Night's Dream is a well-rounded combination of stage veterans and amateurs who enthusiastically tackle the challenge of Shakespeare.

The play, showing Nov. 5-8, will be Barry's first all-student production. Past productions have included faculty members, students from Miami-Dade Community College, and local actors. A Mid-Summer Night's Dream is run en-



Oberon (Willie Meybohm) conspires with Puck (Shannon Sease) to steal the fairy child away from Tita-

tirely by Barry students with the exception of theater professor and pro-

duction director Stephen Neal.

Barry has not produced a Shakespearean play in 11 years. Neal says deciding on a production must balance educational value with student interest.

"A Mid-Summer Night's Dream is very approachable by student actors," he said. "I felt we already had the basic formation of the cast within the students of the department."

Back in September, Neal chose a cast of 25 whom he immediately prepared for Shakespearean dialogue through an intense workshop.

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A NEW STUDENT UNION?

Barry students stand to gain a new \$15-million Inter-cultural Community Center and Student Center complex if the university completes plans to raise \$37 million in the next two years. Sr. Jeanne O'Laughlin, OP, Ph.D., president, announced the plans following the Oct. 21 Board of Trustees meeting. They will complete a \$100-million capital campaign by the year 2000.

This multi-purpose building will include a new student union, new dining hall, state-of-the-art access

to library holdings plus an adjacent parking deck. The new capital will also enable Barry to construct \$12 million in new classroom and student buildings plus implement other enhancements. Other anticipated outlays include \$3 million for renovating and retrofitting existing buildings for classroom and office purposes, \$5 million for endowment, and \$2 million for scholarships.

Progressively expanding enrollment will necessitate the additions, O'Laughlin said. This past fall, Barry experienced an increase in

new undergraduates of approximately 77 percent.

"We're running out of places to put them all," said O'Laughlin. "They come to Barry expecting a quality education, and the only way we can ensure that is to expand our campus."

Preliminary plans for the new construction will be presented during a town meeting on Wednesday, Nov. 11, beginning at 3 p.m. in Broad Auditorium. All Barry students, faculty, and staff are welcome to attend.

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BARRY UNIVERSITY



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Editorial

By Diana Marrero
Editor-in-chief



The *Titanic* has consumed a titanic portion of our lives and I want it back. Maybe it has not quite taken over our complete existence, but it sure seems to be everywhere you go.

It used to be safe to go to the supermarket without getting bombarded with the latest overly hyped product, like beanie babies. Now even Winn Dixie sells copies of the *Titanic*. I would not be surprised if I were offered a free Butterball turkey with the purchase of the *Titanic*. You can buy a copy of the movie in Toys R Us, the Barry Bookstore, on the internet... Shall I go on?

And then there's the paraphernalia that goes along with the hype. You can find anything from postcards to shirts to books. In fact, there are quite a few authors getting rich off books on the history of the *Titanic*, the making of the *Titanic*, the personal memoirs of survivors of the *Titanic*, and the recipes of the last meals on the *Titanic*, to name a few.

It strikes me as odd and a bit disturbing that such a serious disaster, which cost so many lives, has become a commercial, long-running joke. A friend of mine actually told me that one of her friends was dressing up for Halloween as a victim of that popular ship, complete with life preserver and icy features.

You can not even turn on the radio without hearing that song. You know which one. Celine Dione's *My Heart Will Go On* was beautiful, sure, but only the first 400 times I heard it. The *Titanic* has suffered a similar exploit. I admit, I did see it twice. But there is beauty in letting go—a concept not quite always understood by some in the marketing and advertising fields.

However, there is a market out there, because someone must be buying all that stuff. Take the huge amount the movie has grossed in U.S. theaters: \$600.7 million. This figure was the amount totaled up to Sept. 20, 1998, while still playing in the nation's theaters, almost a year after the movie premiered on Dec. 19. America is indeed a nation of consumers; its citizens hungrily await the next product to fill the void felt at any particular moment. We have become accustomed to microwave ovens, which zap our food in minutes, and computers that seem to crawl—much faster than we had dreamed of a few years ago.

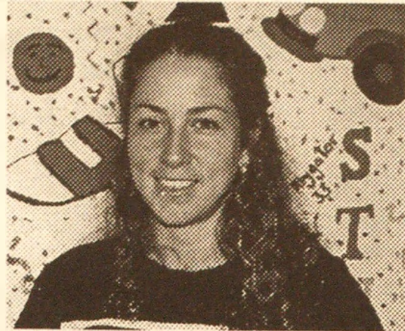
Maybe we should all stop for a moment and think about what is really important. Would your world have ended if you had not received that Cabbage Patch Kid or Atari? Of course not. And we would like to think that we know better now. Or do we? The toys have been replaced by the latest fad, be it movies, beanie babies, or designer clothes.

During this holiday season, instead of getting caught up in all the commercialism, we should remember what the holidays were supposed to be about: caring, giving thanks, family, and friendship.

WHAT WOULD YOU DO WITH A NEW STUDENT UNION? Student

Speak Up

By Sophie Andall



I would like to see a movie theater, pool tables, and a stage where bands can play. Also, there should be a place for students to eat that serves beer.

Dulce Jane, 26
graduate, mental health counseling



A food court with places like Taco Bell or Pizza Hut. A game room with pool tables, hockey tables. Also a social lounge and a study lounge.

Jimmy Cudzilo, 21
senior, broadcast communications



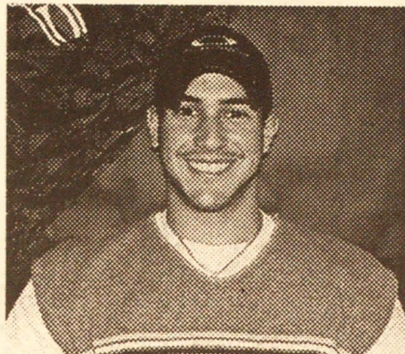
I would like to see a place where students could go to let their hair down. Maybe a café type place with a nice area outside.

Collin McCoy, 22
graduate, higher education admin.



They should offer a relaxing area with a bowling alley, pool tables, a big screen TV, and a place for food and snacks.

Dana Bastlaans, 18
freshmen, biology



Information on things to do around the city, arcade games, and more entertainment.

Mark Luaces, 18
freshmen, undecided



A less structured environment with couches, a convenience store and a game room. A campus bar/restaurant where students can relax and have fun would be nice.

Francesca Condemi, 21
senior, theater



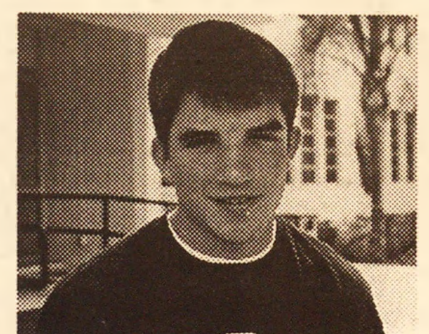
I would want a larger bookstore, a food store open longer hours, and franchises on campus. I would also like a coffee shop with comfortable couches.

Evelyn Padilla, 41
ACE student, psychology



A greater variety of food like McDonald's or Subway. Maybe a small movie theater. Bring more people for entertainment. Couches would be nice.

Ivy Phillip, 19
junior, pre-med. (biology)



A game room with more activities for students like video games, music, TV, couches, a bowling alley. It would also be nice to have food in the gameroom.

Thomas Ewing, 18
freshmen, undecided



BARRY UNIVERSITY

Buccaneer

The Student Newspaper

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The *Barry Buccaneer* reserves the right to edit letters and guest columns for style and length. Contributed material does not necessarily reflect the opinions and policies of the *Buccaneer* editorial staff or those of Barry University.

Students, staff and faculty can also submit free classified ads of up to 25 words in length. For more information about display advertising contact the ad manager for rates at (305) 899-3093.

GETTING ALONG WITH YOUR ROOMMATE: IT MAY BE EASIER THAN YOU THINK!

By Roxanne S. Davies, LMHC
Career and Counseling Center

Having a roommate is like any other relationship in your life: good at times, difficult at times. When it is good, you can feel supported and respected, like you have a true friend. When it becomes difficult, it can feel like work: full of anxiety about what to say or not to say. You may even begin to avoid your roommate to put off dealing with the way you are feeling.

Before we talk about ways to communicate your feelings, let's talk about three roommate myths that may make it difficult for you to get along from the very beginning.

Roommate Myths:

1. Roommates have to be the best of friends.

Think of your roommate as a co-worker. It's nice if you get along but ultimately all you have to do is co-exist and agree on the rules of your room.

2. My roommate controls how I feel.

If your roommate is in a bad mood, it does not have to dictate your mood. If they have a problem with you, let them come tell you. Don't assume that other people's moods have anything to do with you, until you are told so.

3. Our roommates need to be just like us: same values,



Photo: Eric Elasser

A familiar complaint: Laurel Kovach and Jennifer Happy don't always get along when it comes to clean up..

same family background, etc.

Differences are o.k. They make life interesting. Learn to appreciate the differences in others and let go of trying to change someone else to make

yourself feel more comfortable.

So, after you have let go of any of the above myths, how do you communicate your feelings in a way that respects your feelings and those of your roommate's?

Effective Communication Skills:

1. Notice the problem and watch it for awhile before you say anything.

Don't launch an attack on someone every time they do something that bothers you. Hopefully, they will do the same for you. Besides the problem might go away by itself.

2. Find a good time to talk.

Ask if they have some time to talk about something that is bothering you. This will let them know it is important to you and will let them have a say as to when the discussion should take place. Find a private place.

3. Use "I" statements to convey your needs.

When we speak for ourselves, it takes the other person's defensiveness away.

Saying, "You have your stereo on every time I try to study" sends a very different message than "I really need total quiet when I study and I know you like to play your stereo. Is there anyway we could work out a schedule?"

If you remember that 95 percent of the time, your roommate is not trying to irritate you—it will make your day to day co-existence easier. The best news is that once you learn these effective communication skills, you can use them with anyone, anytime.

Buc Corner

Howard Handsel

You don't need travel too far to have a good time.



It's a weekday afternoon. You've finished all of your school work for the day. Do you go home? Not quite. There are many places on campus that can fulfill this weekday afternoon setting. Whether or not you already know of a few places, don't jump in your car to leave campus just yet! You may want to stick around to find out about a few more of the places your fellow students like to unwind.

By now you are probably saying to yourself, "why should I stay on campus to relax? I go to classes here all week, and I want to leave campus for a while." Your points are true, but there are a few places here at Barry that can help you forget about your classes for a while. Take a trip with me around our campus.

If you want to kick back and socialize with others, you could walk over to Thompson Hall. There are always students sitting both inside

and outside the Thompson Hall lobby. Even if you don't know them, that is no reason why you can't introduce yourself and meet a few new friends. Kevin Alcock, a senior, is one of Barry University's best-known students. He is always hanging out around campus. You will find him at Thompson Hall on most weekday afternoons. Maybe that is the reason he knows a lot of students. So give Thompson Hall a try one afternoon. Hang out for a while, and see for yourself what goes on there.

If you are in more of a competitive mood on a weekday afternoon, walk across North Miami Ave. over to the Health and Sports Center, and work out at the gym, play basketball or tennis. You can even gather up a group and play football. On the other side of campus next to the pool is a sand volleyball court. Get together 6-9 people, and you can play a few games of volleyball.

Alcock mentioned that on weekday evenings, you can find many students hanging out around the pool. Whether you decide to go in the water or sit around the pool, you can still have a good time.

"Campus life is really what you make of it," said Alcock. "There is always something fun to do here on

WHERE TO HANG OUT ON CAMPUS



Photo: Sophia Andall

Daniel Loyola, left, and Maximiliano Guzman enjoy down time in Weber game room.

campus, if you are willing to go all out."

In Weber Hall's gameroom, you can shoot pool, play darts and ping pong. All of the games are free for students. All you need to present is your Barry I.D. The game room is a great place to slack off on your free time. You can even lay back on the sofa and watch television on the big screen TV.

On weekdays, there is another approach to hanging out on campus. For some students it is actually more like hanging in. These students like to hang around their own dorm

room listening to music and watching television with friends. They also like to visit friends in other dorm(s).

The week is over and the weekend has arrived. So what is the weekend night life at Barry all about? No one better to ask than senior Caiphaz Bridgewater or K, as he likes to be called. K has lived on campus for four years now, and he knows just where to hang out on a Friday or Saturday night? K recommends you check out the pool area in the early evening. He also goes to campus parties that happen almost every Friday or Saturday night at the MD dorm.

"Parties are a good way to relax, have fun and meet new people," said Bridgewater. K has seen a lot of parties in his time here at Barry, and definitely recommends them to students.

I hope you now have a few new ideas about where you can hang out on campus during the week, and on weekends. As a reminder, Barry's Campus Activities Board has a number of on-campus events planned during each semester that are also fun to attend. To find out more about these events, call 305-899-3999, or stop by Thompson Hall 109.

GET SET FOR FOUNDERS' WEEK



Students concentrate on the finish line. This year's bed races will take place on Friday, Nov. 13.

BARRY ADDS NEW DIMENSION TO ITS ADVERTISING PROGRAM

By Kobina Aldoo
Staff Writer

Students who study advertising at Barry, and those who are simply interested in advertising, are about to put their knowledge to work, and various non-profit organizations may be among the beneficiaries. Barry's newly formed advertising club currently has 12 members, and is in the process of becoming registered with the Student Activities board.

One of the club's objectives is to create pro bono ads for non-profit organizations, said Julie Shamam, the club's president.

"Our aim is to help the community and also give our portfolios some chest hair," said Shamam.

Scott Piergrossi, the club's secretary, said that the club is seeking photography and marketing majors who need some work in their portfolio. Club members are also looking at launching entire campaigns for organizations and individuals on campus.

"Creative and inventive minds surpass an unorganized flyer," said Shamam. Robert Beers, a communication professor and adviser of the club, said it is open to all students regardless of their major.

"We are looking for creative and inventive minds," said Shamam. The Ad Club meets every Monday evening at 5 p.m. in the Ad Resource center, Garner 169.

FOUNDERS' DAY EVENT SCHEDULE

Monday, Nov. 9 Barry Pride Day
Wear red, black, and white (or a Barry shirt).

10 a.m. *Arbor Day*
Mall area, Campus entrance
Participate in the Beautification Activities and plant flowers on campus. A picnic will follow.

12 Noon *Barry Trivia Contest*
Thompson Hall Lobby
Test your Barry skills at answering Barry trivia.

Wednesday, Nov. 11

3 p.m., *Barry Town Meeting*

Broad Auditorium
Sr. Jeanne O'Laughlin wants some feedback on the University's master plan for the year 2000.

4 p.m. *President's Open House*

All Buccaneers are welcome to a President's Office reception in celebration of Founders' Week.

Friday Nov. 13 Founder's Day

Noon *Founders' Day Mass*

After Mass *Birthday cutting cake*

3 p.m. *Annual Bed Race*

Mall Area

Join Student Activities as they race bed frames for prizes.

Saturday, Nov. 14

Volleyball Game

Lady Bucs vs. Rollins

AIDS PRESENTATION COMES TO BARRY

By Kelly Mahan
Staff Writer

It is the number one cause of deaths in young people. Fifty percent of the new cases are people of college age. It's AIDS. No one is immune; it could happen to a father, mother, sister, brother, or friend. Of course, it can't happen to you, right?

That is what Joel Goldman thought until he found out that he was also not immune. He was diagnosed with HIV in 1992.

Goldman and his old college friend, T.J. Sullivan, an alcohol and health educator, now tour college campuses, warning college students of the dangers of AIDS and how to protect themselves. They have traveled to over 500 colleges through out the nation. Goldman admits that he acquired HIV because he did not practice safe sex, especially when he was under the influence of alcohol.

Goldman concedes that when he drank he "got more social and would rationalize that his partner was a low-risk." Low-risk, to him meant someone who looked clean or that he knew? He now says that someone does not have to look sick in order to have HIV.

On Oct. 26, Goldman and

Sullivan came to the Barry campus to give their AIDS presentation entitled Friendship in the Age of AIDS. They disclosed important facts, while lightening the subject with humor and real-life examples and advice.

"The program was highly entertaining and at the same time educational," said sophomore Brooke Pinney. "I was surprised. They didn't talk so much about AIDS, but more about how not to get it. What affected me the most was when TJ took a drink out of Joel's water bottle to prove that you can't get HIV by being friends."

Sullivan closed the presentation with this piece of advice: "Be better prepared for when your friend calls and tells you that they are HIV positive." It can happen to anyone.

November 17, 2-4 p.m.
Anonymous HIV testing on campus

December 1, 1998
Unveiling the Tree of Love

December 6, 1998
Candlelight Service

News Section

THE HARMFUL... PEANUT?

Pity the poor peanut. The edible seeds of a species of lentil, peanuts are becoming outcasts in places like schools and airlines. These places are banning peanuts and peanut-containing products because they cause anaphylaxis in people who are allergic. Symptoms range from watery eyes to shock. The Food Allergy Network reports that approximately 1 percent of children are specifically allergic to peanuts. However, The British journal, Lancet, reported that the number of people suffering from peanut allergies is rising due to an increase in the consumption of peanuts by pregnant women and an increase in the number of children being fed formulas containing peanut protein or oil.

Sensitization, the production of harmful allergic antibodies to proteins found in peanuts, occurs early in life. There seems to be a case for avoiding them until after the age of 7, when the sensitization period has passed. For many children, not only does the ingestion of peanut products cause allergic reactions, so does

merely touching peanut residue or inhaling the peanut scent. In many cafeterias, peanut free zones have been created. Though banning peanuts seems a drastic measure, one must remember: For severely allergic children even half a peanut can cause a fatal reaction.

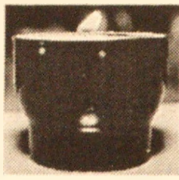
According to Barry Freiser, director of the cafeteria, there has been no apparent need to create a peanut free zone in the cafeteria. Aside from having peanut butter out for sandwiches, peanuts are only occasionally added to a few Thai dishes, Freiser said. Some airlines have also begun taking peanut allergies seriously. American Airlines, for example, has created peanut-free zones on their flights for allergic passengers.

"For anyone who reacts to peanuts the way I do, that's gladly welcomed," said Jesus Aviles, a graduate resident assistant. "Physically suffering shortness of breath, watery eyes, and loss of appetite are unwelcome reactions."

— Monica Espinoza

SHEPARD TRAGEDY HITS HOME

Barry memorializes Matthew Shepard, and other victims of violence during vigil



By Aaron Krause
News Editor

The words of Bob Dufford's "Love One Another" echoed throughout Barry's Cor Jesu Chapel on the night of Oct. 18, as the Barry community united in prayer to remember Matthew Shepard. Shepard, a 21-year-old University of Wyoming student, was recently beaten to death because he was openly gay. About 180 Barry students held lit candles as they prayed and sang during the 15-minute vigil.

During the traditional 9 p.m. Mass that immediately followed, Rev. David Caron, D.Min., interim director of mission and ministry denounced murder of any kind.

"My prayer is that all of us [are now aware of] violence in our lives, and are committing ourselves to justice for all people," Caron said after the Mass.

Irene Delgado, a junior who attended the vigil, said that every human being deserves to be treated with dignity. "I think the message

was of acceptance of one another, because we're all God's creations," Delgado said.

Juan Figueroa, a junior, said that one of the hallmarks of Christianity is the commandment to love all peoples.

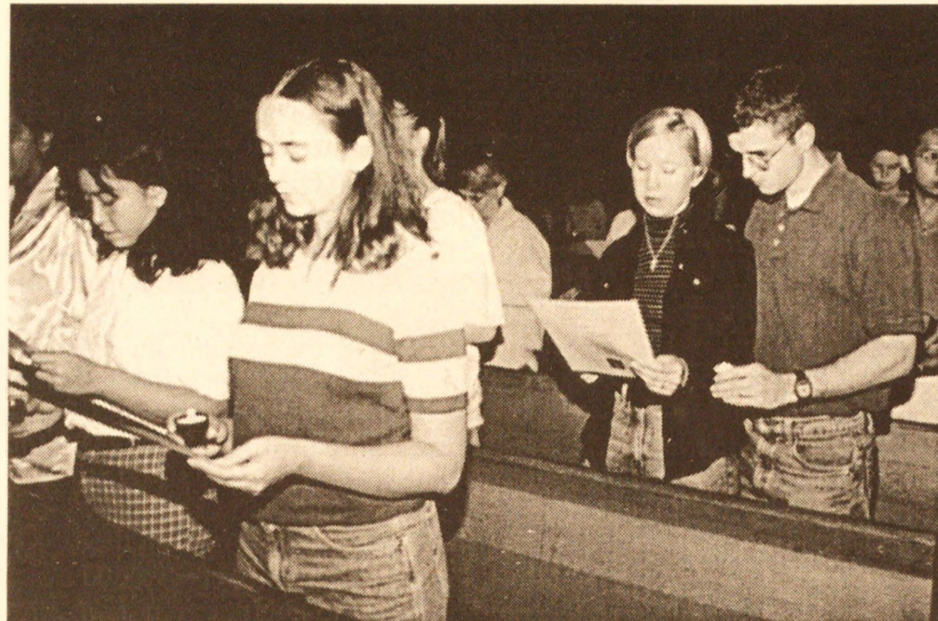
"[Fr. David] challenged me personally and all of us to leave the Mass a changed person," Figueroa said. "[Despite] whatever negatives we see in others, everyone is special because we're all gifts from God."

Frank Vega, a campus minister at Barry, said that the vigil was scheduled immediately after the media broke the news about Shepard's beating death. "We felt that it was

our responsibility to gather the community in prayer and raise consciousness about the issue of hate crimes," Vega said. "We needed to gather to reflect on the ways in which we all contribute to the type of climate that might create this type of violence in our society."

Vega said the vigil was non-denominational, allowing all to gather together as a community.

The vigil also remembered James Byrd, the African-American man in Texas who was killed this summer after being dragged behind a truck; and Sherrice Iverson, a 7-year-old girl who was killed in Las Vegas by a former high school honor student.



Photos: Sophia Andall

The Barry community joined at the chapel to memorialize Mathew Shepard.

INCREASED ENROLLMENT NOT TO INTERFERE WITH BARRY'S MISSION

By Aaron Krause
News Editor

The substantial increase in the number of full-time, undergraduate students at Barry this year could conjure the following scary images: auditorium-size classes, inaccessible professors, and students being relegated to social security numbers. Do not fret, says Dr. Laura Armesto, dean of Arts and Sciences. None of the above will happen.

"I don't believe any growth in enrollment will affect the nature of Barry, which is to emphasize small classes and individualized attention," said Armesto. "The faculty and staff are committed to those two goals. Therefore we will add more classes as we need them to accommodate students, while still preserving the character of the university."

This year, 913 new undergraduate, full-time students, freshmen and transfer, entered Barry, a 77 percent increase over the 515 who entered last year.

Armesto said the School of Arts and Sciences has added extra sections of required courses. This year, for example, there are 13 sections of ENG 111, freshman composition and literature, compared to eight sections last year. Armesto also said the Arts and Sciences raised the cap of required courses. The cap, the maximum number of students allowed in a course before it's considered full, usually hovers at 20, she said. In some cases, that number has

increased to 25 this year. Armesto also said that the number of faculty advisers has increased.

Dr. Bradley Bowers, associate professor of English, said he teaches 71 freshmen in three sections of ENG 111 this semester, an average of 24 students per section. By comparison, Bowers said that he had only 12 students in one section last year.

"It does make it more difficult to learn names," said Bowers.

Dr. Stephen Benz, department chair of English and Foreign Languages, said there were not enough professors to accommodate all of the students.

"Certainly as chair of the department, I've had to create more sections and find adjuncts," said Benz. He said he is currently using four adjunct professors in his department. Next semester, there will be six, compared to only one adjunct last spring, said Benz.

The increase in class size this semester has some students irate. Adam Pernini, a freshman, said that he came to Barry because of its traditionally small classes.

"I wanted one thing, small classes. I wanted one-on-one help," said Pernini. "It's false advertising and I'm enraged." Pernini said that before he came to Barry, he read that the average class size was 18 or less. He said there are about 25 students in each of his classes.

Andrew Daly, Pernini's roommate, said he feels the same way, and that

he has company.

"I think [anger about class sizes] is the general feeling around campus," said Daly, adding that he deserves better for the amount of money he's paying.

Dr. G. Jean Cerra, associate vice president of enrollment and academic services, said that class sizes can vary, and that Barry does not publish its average class size.

"All we publish is our student to faculty ratio which [last year] was 13:1," said Cerra. "Some classes may have 40 [students], some may have four. There's different enrollments in different courses throughout the university, going from the freshman level to the senior level."

Debra Weyman, university registrar, said that the university has not calculated this year's faculty to student ratio, but, estimates that it will be 13:1.

Cerra said Barry will begin dealing with issues related to increased enrollment.

"We're in the process of forming an enrollment management committee," Cerra said. This committee will give students and faculty a chance to voice their concerns about increased enrollment.

In the long run, Benz believes Barry will continue to live up to its billing as a school in which professors know their students.

"Barry has always touted itself as a school which can [offer] individualized attention to students."

"JUST CHECKING" NEW VOLUNTEER PROGRAM FOR THE ELDERLY

By Maryla Madura
Staff Writer

Barry's School of Social Work has recently launched a new program called Just Checking, designed to help the elderly from Palm Beach County remain in their own homes. Funding for this program was made possible by a \$650,000 grant from the Quantum Foundation. The foundation is the county's largest contributor toward improving health and education of citizens in Palm Beach County.

The program evolves out of the Academy for Better Communities from the Barry School of Social Work. It is designed for early interventions to keep the elderly persons with chronic but treatable physical conditions (diabetes, arthritis, hypertension, emphysema, or pre-stroke heart conditions) at their own homes.

The program, started Sept. 17, will serve approximately 350 elderly people. Eight Barry University students -- all graduate students in the School of Social Work, are involved. They participate in the program to fulfill their internship requirement toward their Master's degree. Also participating are MSW's with many years of experience, who serve as supervisors, and one full-time staff person. Volunteers work with the families of the patients and other social work agencies -- churches, neighborhood centers, and community groups. Their goal is to enable elderly persons to access the support of the community while trying to remain living at home.

The director and organizer of the program, Harriet Goldstein, said she is still looking for volunteers from Barry University. They will become aides in such tasks as shopping or taking the elderly to the doctor as well as simply being a friendly visitor who can chat with the elderly.

"The elderly are not useless citizens, they still can contribute to the society," said Goldstein. "They can be perceived as gold mines of life experiences and wisdom which can be shared with younger people. These are the things they can offer in return."

Keeping the elderly at own home helps counter isolation, aloneness, and despair, Goldstein said. "Most of the elderly who are being served right now would wind up in nursing homes, living facilities, or hospitals where the possibilities for genuine human contact are scarce."

To find out more about the program or to volunteer your free time, call Mrs. Harriet Goldstein at (561) 622 2732.

VIOLENCE

Continued from page 1

mester. We haven't had any disruptions like this for a long time."

According to Young, there was an earlier incident at the CAB (Campus Activities Board) welcome-back party this semester but nothing approaching the magnitude of the Mottram Doss incident has happened.

Maria Alvarez, director of residential life, was out of town when the incident occurred and is now piecing together an exact understanding of what took place.

According to Alvarez, the Mottram Doss party was a large one, with Barry students and some non-Barry ones as well. Alcohol was being served and an altercation ensued.

"This kind of behavior has no place on this campus," said Alvarez. "Fortunately it was not a big physical brawl."

Alvarez said although student-to-student fighting has occurred on campus before, she is still disturbed by this incident.

"Our goal is to try to find a way to curb violent behavior," said

Alvarez who added that the larger concentration of persons on campus could create more opportunities for such situations to occur in the future.

This rash of violence is not a modern problem, says Dr. Karen Callaghan, associate professor and chair of the department of Sociology & Criminology.

"Violence is a part of American culture," said Callaghan. "We see it in our government and other organized groups."

Because we live in a society shaped by cultural values and norms, violence, as often as it occurs, has almost become more accepted, Callaghan added. In order to protect themselves when they feel threatened, people will use violence as a means to an end.

"It's the first resort," says Dr. Callaghan. "They define themselves as having to do it."

Dr. Marie Desrosiers, assistant professor of psychology, is familiar with violent behavior. Her doctoral dissertation involved understanding violence and aggression.

According to Dr. Desrosiers, people's tolerance for frustration keeps lowering, resulting in shorter fuses and ultimately higher incidences of violence.

"We are seeing more impulsive acts due to lack of expression," Dr. Desrosiers said. "People learn to handle stress through social interaction."

Today's living environment inhibits social interaction, Desrosiers said.

Being bombarded by televisions, computers and various other devices have left us socially reclusive.

As our social skills decrease we become susceptible to inappropriate behavior when placed in the social arena.

Though it is probable that violence will never totally be curbed, there are a few ways to deal with potentially violent situations.

Remember, alcohol lowers the inhibitions and crowds help to heighten the arousal. Prevention is the best way to help curb violence. Dr. Desrosiers suggested students do prevention work before they feel uptight. Do something physically taxing or talk to a friend. If the problem persists, talk to a professional. If you still find yourself in a situation that could become explosive, walk away. Distance yourself from the situation and the person.

Elianise Joseph, a 23-year-old sophomore, has had much experience in dealing with "blowing her fuse." Joseph, a second lieutenant in military intelligence, says that she deals with her anger by exercising, otherwise, "it accumulates and I end up cursing someone out." Joseph believes that people need to learn to deal with each other, to appreciate each other's differences and opinions.

"Everyone's background is extremely important," says Joseph, "Your background doesn't deserve any special treatment. If you give people a chance you might be able to look at them and see a part of yourself."

CRIME STATS RELATIVELY LOW

When compared to other universities in South Florida, crime statistics at Barry are notably fewer in number per 1000 students, records reveal. Last year, three categories of criminal offenses were reported at Barry, compared to seven at the University of Miami, and six at Florida Atlantic University.

The categories reported at Barry last year were aggravated assault, burglary and auto theft. No criminal arrests were made for liquor law violation, drug abuse, or weapons possession. In addition, there were no reported incidents of rape, murder, or robbery.

1997 figures reveal only one aggravated assault, and 11 instances of burglary reported at Barry, com-

pared to four cases of aggravated assault, and 28 cases of burglary at the University of Miami. Auto thefts totaled three at Barry last year, compared to 15 at Florida Atlantic University.

Stan Young, director of public safety, attributes Barry's low crime statistics to the university's size, and great sense of community.

"We usually find that if someone sees something suspicious going on, they report it," said Young.

Students can contact the University's Public Safety Department, at 899-3335, or *3 from any on-campus phone in emergency cases. Campus Security is on duty 24 hours, and can be reached at 899-3333.

— Nadine Singh

MIDSUMMER

Continued from page 1

The cast learned first-hand the real challenges and difficulties during rehearsals as Neal would often actively demonstrate the importance of an aggressive motion such as pointing, leaning or grabbing.

"The general audience is not used to the dialogue so we (as actors) must find how to communicate nonverbally," said senior Wilfred Meybohm, who plays the role of Oberon, King of the Fairies. Meybohm is among the veterans, having performed in last year's productions of "Glass Menagerie" and "Tartouff" and also a student-written production entitled "Flicker" two years ago.

Overall, the actors find their Shakesperean lines easy to memorize because of the rhyming factor. The real difficulties arise elsewhere.

Another veteran, junior Shannon Sease, whose petite facial features and pixie hairstyle complement her role as Robin Goodfellow (aka Puck, the mischievous sprite), has been studying drama for seven years.

"Ever since I've been reading Shakespeare I've always wanted to do this," said Sease, "I love Puck! For me, the difficulty lies with the dialogue because it's harder than most plays, but the monologues tend to roll out easily."

This is Sease's first Shakespearian role. Previous roles include Laura in the Glass Menagerie and Mariane in Tartouff.

Michael Carroll, a sophomore the-

ater major, plays Demetrius, one of four lovers whose destiny is controlled by the fairies.

"It's easy to memorize, but the difficulty is knowing when to breathe, said Carrol. "You also need to do research in order to understand what you're saying (in modern English)."

Sophomore Alina Hevia has other concerns. Hevia plays Helena, who also pursues Demetrius. "It's hard to walk on that line between pathetic and headstrong," said Hevia, "Helena is a very emotional character."

Not everyone involved in the production is a theater major. Some enjoy acting as a hobby.

Freshman biology major Alexander Shaw plays yet another lover, Lysander.

After his experience with high school productions, he took Barry's Fundamentals of Acting class over the summer.

"Every line rhymes, which makes it easier," said Shaw, "but you need to listen to your cues."

An all-student production also means more hard work and responsibilities backstage.

First-time stage manager and senior broadcast communication major Kenai Montenegro commented, "As a stage manager I also learn a lot more about directing."

Students spent roughly 15 to 20 hours a week in rehearsals in addition to memorizing monologues, designing costumes, and constructing scenery.

"About one third of the actors are



Demetrius (Michael Carroll) takes a tongue lashing from Hermia (Tanya Saez) as the cast of *Midsummer's Night Dream* practice in the park.

involved in scenery, costume and technical work," said junior theater major Steve Swanner, "we're all pretty flexible."

Swanner designed his own costume for Tom Snout, one of five mechanicals who put on a play within the play. A Greek motif was chosen for costumes, with togas and laurel wreaths the primary apparel.

On a technical note, the set was designed by Dorsett Noble, former technical director at Barry. Noble won a Carbonelle nomination for his set design of "West Side Story" pre-

sented at the Actors Playhouse in Coral Gables. The Carbonelle, presented by the South Florida Theater Critics Association, is the South Florida equivalent to a Tony Award.

Barry student Evan Einzig built the set in record time with the help of a diligent crew. A near finished set helps the actors better anticipate their movements on stage.

"I've never seen a set nearly done two weeks before opening night," said Wilfred Meybohm. "It's pretty impressive."

Impressive is only one word to describe this cast and crew. During rehearsals their appreciation for the art is shown through serious concentration balanced with well deserved breaks of laughter. A

sense of family lingers offstage as those waiting for scene changes converse quietly, offering encouragement and advice to peers.

"This cast is full of joy and very talented," said Neal, "I try to make them aware that they're artists, not puppets. It's a collaborative art between the director and the actors."

Be sure to catch this production Nov. 5-8 in the Broad Auditorium. For further information about reservations, auditions, or volunteer work behind the scenes call 305-899-3398.

THE SPIRITUAL EXPERIENCE REALIZED IN OUR VERY TIME

- *The need of self knowledge and meditation for modern man*
- *The teachings of Masters of various traditions*

Pier Franco Mercenaro was born near Aulla, in Tuscany, Italy, on April 8, 1941. Even as a child, he showed an uncommon inclination to the inner and spiritual research.

Between 1966 and 1969 this research took form in a deep study of the great Sages and Masters of spirituality, both of the East and of the West. As a result of his natural thirst for knowledge he then traveled a long time: to Greece, the country of the old philosophers and of the Christian oriental mysticism; to the Middle East and Pakistan, lands of the great Sufi mystics; to India, the sub-continent of many forms of yoga and spirituality; and to Africa, where the predominant religions—Christianity and Islam—blend with the native African mysticism. In those places, among different peoples and cultures, he was in contact with elevated souls of various religious traditions, which enriched his spiritual growth in a practical and ecumenical way.

In the summer of 1967, at the age of 26, he began practicing meditation intensely in the wooded hills of Tuscany. His deep efforts attracted the Divine Grace, and soon were crowned with an elevated spiritual experience, when one morning he realized a superior consciousness, which was beyond time

In January 1968 his spiritual formation, which was based on universal and non-sectarian study and experience, received further growth by meeting with one of the greatest spiritual Masters of the century, Sant Kirpal Singh, in New Delhi. President of the "World Fellowship of Religions", a vast worldwide organization including all major religions, he was the founder of Ruhani Satsang (School of the Science of the Soul). This event made his inner experiences steadier and more elevated and completed his spiritual and cultural formation. Intensifying his practices, he then remained for about five months in a state of immersion in the love and divine consciousness, the experience of spiritual knowledge which was realized by the greatest Masters of the various traditions.

Resuming his social activities, he enriched them with his remarkable spiritual experiences. In fact his elevated inner life did not prevent him from performing successfully his family and work duties, covering directive appointments of noteworthy responsibil-

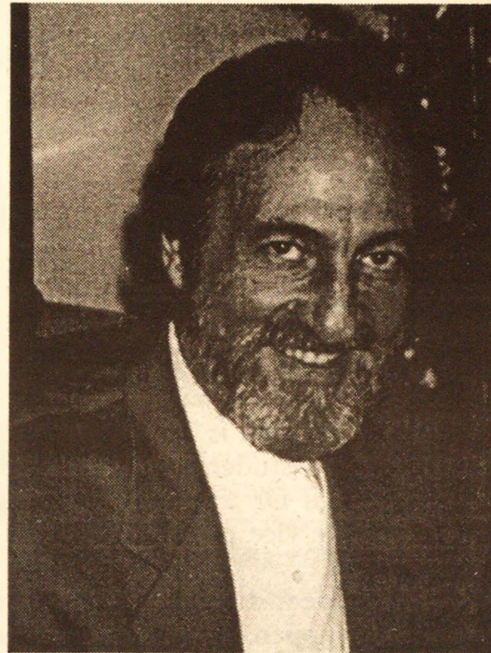
ity in important companies. All this made a complete and capable Guide for man in this age, for the research and realization of the true goal in life.

When Sant Kirpal Singh left his mortal frame in 1974, Pier Franco Marcenaro, at the age of 33, started his mission of spirituality and brotherhood among all sincere seekers after Truth. Nevertheless he continued to work for several years before devoting his life completely to the needs of mankind.

He is the director and guide of Man Center. Among the myriad of paid instructors by which the world is overflowing, he imparts his teachings freely.

The elevated task of Pier Franco Marcenaro consists in imparting the practical teachings of the Path of Spirituality, an experience which has been given by the mayor Masters and mystics of the greatest religious traditions, even if it has often remained ignored by the masses for lack of practical Masters. This experience is based on the first hand contact with God into Expression Power, which is defined in the Bible as Holy Spirit: it is the manifestation of the Divine Light and of the Celestial Sound, which the Apostles received at Pente-

cost. Also Masters of the mayor religions referred to this Power, called by different names, as Word, Naam, Shabd, Om, Kalma, etc. : they always mean one same Divine Power, which gives the highest knowledge to the soul. This is the most elevated and universal Path of self-realization and of spiritual knowledge, as a taught by the highest Masters of the spirit, who came from time to time. This experience leads to a Really harmonious and joyful living, based on love and respect towards all forms of life.



Man Center, directed by Pier Franco Mercenaro, holds regular courses of the most universal and elevated form of meditation, which was common to the major spiritual schools of the various traditions.

It publishes books with elevated spiritual and ecumenical contents, promotes understanding and love among men of different cul-

tures and religions, helps the needy and diffuses respect for Nature of which the Creator has gifted our planet. The aim of its teachings is to make a new, self conscious and selfless mankind, which may consequently become genuinely happy. Being an ecumenical association, it can be joined by persons of all religious traditions.

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FOR INFORMATION CALL (954) 722-6477

Man center Web Site: <http://www.mancenter.org>

Internet E-mail address: info@mancenter.org

WHO'S STAYING, WHO'S GOING?

What is the key to maintaining the new striving student population?

By Diana Marrero
Editor-in-chief

Barry is trying to figure out how to make you happy and keep you coming back for more. In fact, a retention task force was organized this summer to better understand and promote higher retention rates at Barry.

The term retention is used to describe the portion of students who return to a particular college after their first year. With the large dose of new students, particularly freshmen, Barry University is paying increasing attention to this issue.

"We felt an urgency to found this commission," said Sr. Peggy Albert, executive assistant president. "Retention keeps taking a more important focus for universities."

Barry's retention rate is about 69 percent, according to ongoing research, started in 1991 by Dr. David Molnar, director of institutional research. This means that while 69 percent returned to Barry for another year, 31 percent did not. Barry's retention rate, according to the research, is comparable to peer institutions.

"The rates are typical, but we want

to do better," said Molnar.

Academic success is the key factor in retention, Molnar's study indicates. Groups with higher GPAs tended to return to Barry at higher rates.

Barry is setting up different ways to increase retention rates. Among them, Barry is trying to encourage professors to watch for signs of difficulty a student may be having, promoting student involvement, and advocating enrollment in orientation classes. Barry has also begun to train faculty advisers to guide students toward positive course selection, leaving the more difficult classes for later, when the student feels comfortable in the new atmosphere.

Barry is also encouraging professors to give more tests, especially early in the semester. Early, frequent testing is a significant indicator of success, according to Albert. "It is easier to do tutoring early on, than to study for three hours for an exam the next day," she said.

The university has established programs to facilitate the process for new students. The big brother/ big sister program is designed to assist freshmen students in their transition, said Dr. Eileen McDonough, associate vice president of student services.

The peer-directed program assigned upperclass students to assist

specific new students with their initial adjustment to college life. The upper-class students assisted their designees with orientation, registration, and the first few days of classes.

The bottom line is academic suc-

"You could be the most well-fed student and have the most comfortable dorm, but it will not matter if the support is not there for you to do well in your classes."

cess, according to Albert. "You could be the most well-fed student and have the most comfortable dorm, but it will not matter if the support is not there for you to do well in your classes."

HISTORY HONOR SOCIETY FALL 1998 INDUCTION

The Xi-Kappa Chapter of Phi Alpha Theta, the international honor society in history, will be holding its Fall 1998 induction of new members on Nov. 12. The ceremony, open to the Barry community, will be held at 7 p.m. in Lehman Building, Room 219.

The induction will be followed by remarks by guest speaker, William Henderson, adjunct history/political science instructor. Henderson will discuss career opportunities for history and other social science majors in secondary education.

Refreshments will be served.

PROFESSOR RANKS TOP 10 FIGHT SONGS

By Charles Leroux
Knight-Ridder Newspapers

One hundred years ago, Louis Elbel, a sophomore at the University of Michigan, thought his school's teams could use a little musical inspiration.

And so he wrote "The Victors," the first college fight song of any repute and one that survived to be recognized as among the best.

"It's my personal favorite," says fight song compiler professor William

Studwell. "It's rousing and stunning; a very proud song." Nonetheless,

Studwell, 62, principal cataloger at Northern Illinois University, ranks it

second to the "Notre Dame Victory March."

"I'm no fan of Notre Dame," he says, "not a hater, just not a fan. But I couldn't ignore the fact that the Notre Dame song is known nationally and perhaps the most borrowed."

Studwell's dispassionate, professional point of view comes from years spent researching and writing the just-published "College Fight Songs: An Annotated Anthology," which he compiled with Bruce R. Schueneman, head of library systems at Texas A&M at Kingsville. In 18 previous books, Studwell has ranged over the musical landscape, examining everything from state songs

to Christmas carols. Among the dozen projects he has in the works:

a book on circus music.

Fight songs grew out of a tradition of singing on campus, the most prominent manifestation of which was the drinking song. After Elbel's 1898 contribution, fight song writing began to flourish. Studwell estimates that "within the next decade or so most of the great ones were written - Notre Dame, Wisconsin, Georgia Tech, Ohio State, Illinois. By the end of World War II, it was pretty much over."

There was a flurry of activity in the late 1930s and early '40s traced to Francis Drake "Pat" Ballard, who wrote the pop tune "Mr. Sandman," and Fred Waring, who besides leading the choral group, The Pennsylvanians, invented the blender and wrote songs for the University of Missouri and San Jose State. Together, Waring and Ballard wrote fight songs for the universities of Akron and Kansas, Lawrence University, City College of New York and a number of others.

Another songwriter offered "Bingo Eli Yale" and "The Bull Dog" to his alma mater, but Yale University chose to stick with its classic, "Down the Field," No. 4 on Studwell's list. The rejected songwriter was Cole Porter.

Not that fight songs were never replaced. The University of North Carolina made a change; so did the University of Alabama, which switched all the way from "Fight, Alabama" to "Yea, Alabama."

Most were written by students or faculty members. A lot were appro-

priated.

"The Eyes of Texas," used unofficially by both the University of Texas at Austin and the University of Texas at El Paso and No. 9 in Studwell's ranking, comes from "I've Been Working on the Railroad." Clemson University (No. 20) uses "Tiger Rag." Studwell hears the opening bars of "On Wisconsin" (ranked third), in the first act of Tchaikovsky's "Swan Lake."

No. 6, the "Stein Song" of the University of Maine, has its origins in a drinking song, which, Studwell says, can be traced to Brahms. Surprisingly, No. 17 Georgia's "Glory, Glory to Old Georgia," is set to music that had been very unpopular in the South, "The Battle Hymn of the Republic." Studwell and Schueneman discuss 200 songs, and

give words and music to 66 of them, in their book, which is available through Haworth Press (1-800-HAWORTH).

In the box below are Studwell's Top 10, judged on characteristics such as distinctiveness and impact:

He put his employer's "Huskie Fight Song" at 23rd, calling it "lively and distinctive." The fight song of the University of Illinois, "Illinois

Loyalty," was 13th, "sensitive and flowing." Studwell ranked 25 songs out of the 200 in the book. Northwestern, along with Michigan State, got honorable mention.

"Fight songs," Studwell said, "are part of the popular folk culture and, like any folk song, the truly bad ones die."

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TOP 10 FIGHT SONGS

1. "Notre Dame Victory March." *Best known and perhaps the most borrowed.* melody."
2. "The Victors," Michigan. *"Most rousing."*
3. "On Wisconsin," *"Smooth and much borrowed classic."*
4. "Down the Field," Yale. *"Another classic."*
5. "Anchors Aweigh," U.S. Naval Academy. *"Dynamic and uplifting."*
6. "Stein Song," Maine. *"Great*
7. "Fight on US C," the University of Southern California. *"Brilliant, sparkling and innovative."*
8. "Ramblin' Wreck from Georgia Tech," *"Fine tune, great sense of humor."*
9. "The Eyes of Texas," unofficial, Texas. *"Lots of sweep and energy."*
10. "Across the Field," Ohio State. *"Takes you pleasantly across the field."*

DRINK THE SODA, SAVE THE TAB

Monica Espinoza
Staff Writer

Many of us toss our chance at being a good Samaritan in the trash everyday. Whether we are drinking soda, yoo-hoo, or beer, the tabs used to open the cans can be cashed in to purchase wheelchairs, kidney dialysis equipment, and other medical equipment.

These tabs are particularly valu-

able because they are made from pure aluminum, which is melted and reused to make ingots, bars, and castings for the automotive industry, for example.

Here at Barry, Dr. Eileen McDonough, associate vice president for Student Services, has begun collecting and mailing the tabs to her aunt who is part of a religious order named the Little Sisters of

Assumption. Working out of West Philadelphia, the Little Sisters help nurse the sick poor. Currently, Dr. McDonough has recruited a small group of volunteers to help her collect the tabs, including Eddie Odio, son of Cesar Odio, who coaches the men's basketball team at Barry. "Anybody can join," said Dr. McDonough, who welcomes any ideas on how to implement a campuswide collection program.

Also collecting tabs on campus is Alpha Delta Gamma. The fraternity donates the tabs to the Ronald McDonald House, which serves as a home for families coming from all over the world to receive treatment at Jackson Memorial Hospital. Mike Munoz, house manager for South Florida's Ronald McDonald House, says the tabs are sold to local scrap yards.

Most scrap yards pay 35-40 cents for a pound of tabs. The money raised is used to defray the operating costs of the house. In the future, Munoz hopes that increased participation from local groups and organizations will lead to an increase in tab donation, and tab collection sites, all over Miami-Dade County.

TWO SCHOLARSHIPS THANKS TO BUSINESS PROFESSOR

Luigi Salvaneschi recently donated two endowed scholarships totalling more than \$100,000 to Barry students willing to dedicate their time to teaching at schools in underprivileged communities.

Salvaneschi, a native Italian, moved to the United States in 1959 to pursue his dreams of being an educator. Although he held a Ph.D., his American work experience actually started on the maintenance crew at a McDonald's in Chicago. He eventually became the overall development manager and vice president of McDonald's, then moved on to Kentucky Fried Chicken and Blockbuster Video, where he earned his fortune.

It wasn't until much later that Salvaneschi finally achieved his dream of being a teacher. He currently instructs "Success in Business and in Life" at Barry University's School of Business, where he incorporates his "liberal arts octagon." This "octagon" refers to the areas of philosophy, history, literature, oratory, art, music, ethics, and religion.

"It's important to form complete persons who focus not only on numbers but also on human beings," Salvaneschi told Barry Magazine.

—Alaina J. White



Photo: Sophie Andall

Colin McCoy pours plenty of soda tabs into Dr. Eileen McDonough's hands.

Development

Corner

By Carol Evanco, MBA '91
Director, Alumni Association

We are you and you are we....in other words, every member of the Alumni Association has walked in your shoes on campus at one time or another. We have shared mutual experiences, such as studying for mid terms, eating at Thompson, or watching the Barry beauties.

Among other things, alumni share your view of Barry's mission. Today, the Barry Alumni Association is the leading volunteer support organization for Barry.

Our Board of Directors contribute their time and energy to Barry through a multitude of ways. First they attend regular board meetings and serve on committees. The scholarship fundraising committee looks for ways to increase alumni scholarship endowment funds. A development committee seeks new ideas on how to increase alumni financial support to Barry.

Our most recent project was the development of a Barry University license plate. Gov. Chiles just signed the law that will make those tags a reality by the first of next year.

The Alumni Homecoming/Reunion Committee works closely with the Alumni Office to plan and promote our annual event, scheduled for Feb. 5-7, 1999. The Alumni Association is charged with promoting and preserving the traditions of excellence that characterize our university, and to pass that standard on to future alumni.

Students are also included in the Board of Directors as student representatives who serve a one-year term of office.

The Alumni Association is charged with promoting and preserving the traditions of excellence that characterize our university, and to pass that standard on to future alumni.

Any students interested in participating should contact me at the Alumni Association (305) 899-3175. I encourage

you to become involved now.

We stay connected to Barry even though we may have left campus a few or several years ago. The time you will spend at Barry is unique and you can anticipate experiencing numerous pleasant encounters. The friendships you will make will last a lifetime if you let them.

We are all tied together with the common thread of Barry and it starts with you.

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| #10. Moo Goo Gai Pan | \$4.60 | \$7.60 |
| #11. Roast Pk Lo Mein or Ck | \$4.60 | \$7.60 |
| #12. Chicken w/ Broccoli | \$4.60 | \$7.60 |
| #13. Beef w/ Broccoli | \$4.60 | \$7.60 |
| #14. Cashew Chicken | \$4.60 | \$7.60 |
| #15. Shredded Pk or Ck Szechuan Style | \$4.60 | \$7.60 |
| #16. Chicken Wings & Shp Fried Rice | \$4.60 | \$7.60 |
| #17. BBQ Ribs | \$4.60 | \$7.60 |
| #18. Fantail Shrimp | \$4.99 | \$7.95 |
| #19. Honey Garlic Chicken | \$4.60 | \$7.60 |
| #20. Chinese Black Bean Chicken | \$4.60 | \$7.60 |
| #21. NEW Boneless BBQ Ribs | \$4.95 | \$7.75 |
| #22. Roast Duck (Does Not Include Soup or Egg Roll) | \$5.95 | \$8.95 |

CHOCOLATE IS NOT A VEGETABLE

By Ana V. Lopez
Staff Writer

Many of us are on our own, for the first time. But while we are all caught up in the newness and excitement, are we paying attention to what we eat?

After eating for most of our lives at the best food place of all—home—it is now up to us to ensure that we are keeping up with the proper eating habits taught by Mom.

Eating properly means ensuring that our diet is balanced with the right amount of carbohydrates, fats and proteins. Too much of one and not enough of another will upset the balance. The question then remains: Are we concerned about getting the right nutrition that we need? Unfortunately, for many of us the answer is “not really” or “I’ve never really thought about it.”

As one person puts it “If it tastes good, I eat it, no questions asked.” Another student put it this way: “Food is food, as long as it comes my way.”

Few of us pay much attention to what we put on our plate; we are more concerned with taste than nutrition. While dumping my trash the other day it was no great surprise to discover numerous empty pizza boxes. Among other names given to our generation, we are also

called the “fast food” generation. Our diet consists mainly of hamburgers, french fries, pizza and candy. These foods are processed with high levels of fat and sugar and possess tons of unwanted calories and little nutritional value.

It took me a while but I did find some students who take healthy eating seriously. For instance, one junior, always makes sure that he has his four balanced meals everyday. According to him he has maintained the same eating habits that he had at home. He is also an athlete, who like many other athletes on campus, do pay attention to what and how much they eat.

Of course, we do not have to be professional or amateur athletes to eat healthy. Lack of good nutrition results in “burning down the immune system,” according to Barry’s own school nurse, Eileen Egan-Hineline. It doesn’t take a math genius to figure out the logic. This makes us more prone to illnesses, ranging from the common cold to hypertension.

Then there are those who hardly eat, whether it’s because they are too busy with their new hectic lives or because they do not like what is

being served at the cafeteria and would rather fast than eat fast food. Skipping meals is worse than not eating correct foods. Skipping a meal makes it difficult to concentrate because when we do not eat our sugar level drops. When we attempt to solve this problem with a

“quick fix,” like a candy bar we think it will bring us back on track. It doesn’t. What happens is that our

glucose levels increase quickly and then drop even more quickly. So we are back to square one.

So how, can we develop and maintain good eating? Well, we must know which foods fall into which groups and ensure that we have our three balanced meals a day. These meals may not necessarily be large, but they must possess all the nutrients needed for a healthy body, which

includes vitamins and minerals.

Many of us are away from home and we put our nutritional fate in the school’s cafeteria. How well does the food served there meet nutritional value requirements? Most of us agree that the cafeteria food does possess adequate amounts of nutritional value to meet our needs. However, what is more important is whether the nutritional value of the food consumed is adequate. It is futile then, if nutritional meals are offered but not eaten. Look at what you leave on your green tray the next time you go to lunch!

This is a new semester and a new life but let us not forget all the good eating habits that Mom tried to instill in us. Limit the intake of the tasty, gooey, seductive, fat-loaded, artery-hardening, pot-belly-causing fast food and opt instead for a well-balanced meal. Mom would be proud.

“If it tastes good, I eat it, no questions asked.”

NEW GROUP TO GIVE STUDENTS MORE PRESENCE ON CAMPUS

Being an occupational therapy student at Barry gives new meaning to the term “commuter.” Many of the program’s students are occupational therapy assistants, who live and work in other states. On weekends they come to Barry to take classes toward their bachelor’s degree.

With recent formation of the Student Occupational Therapy Association (SOTA), the students now hope to be better represented on campus. The association’s first meeting was held Oct. 3.

Susan Stouffer, associate professor, and advisor of SOTA, said that, in addition to seeking better representation on campus, students wanted a forum through which they could promote the profession of

Occupational Therapy.

“Most of the people don’t even know that the students are around, because they’re only here on weekends,” said Stouffer.

Stouffer said that SOTA’s meetings will be held once a month at 11:15 a.m. on Saturdays. The association is only open to Occupational Therapy students, most of whom are in their late 20s. There are about 108 students enrolled in Barry’s Occupational Therapy program, and Stouffer said all will participate in SOTA one way or another.

“We want to encourage students to be involved in activities in their professions,” said Stouffer, “Even while they’re students.”

— Aaron Krause

THE FACE OF DEATH

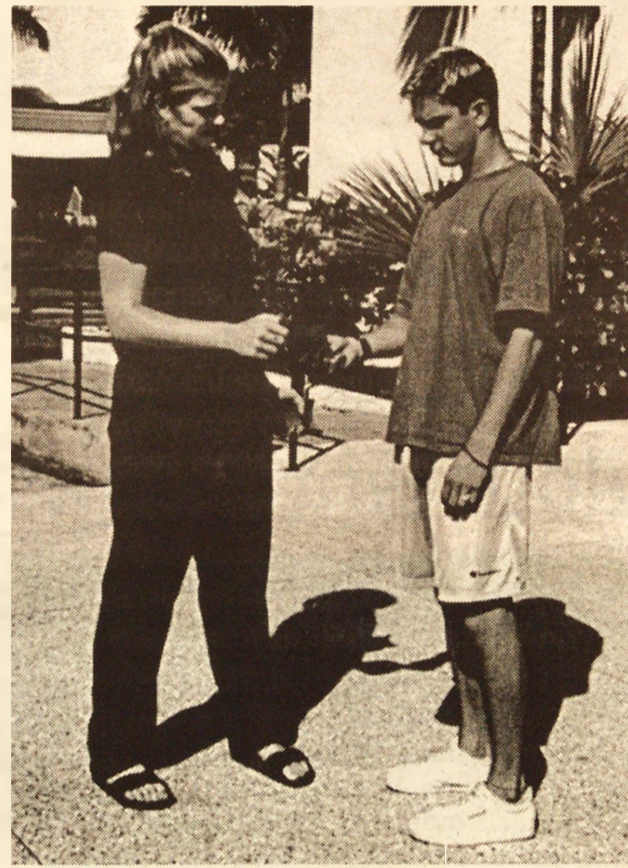


Photo: Sophia Andall

The grim Kelly Mahan, left, gives Paul Rhymal a card describing her brutal alcohol-related death. This activity, was part of Alcohol Awareness Week. (Oct 19-22) On this day students dressed up in black, and painted their faces white to symbolize all those who have died through alcohol-related causes.

DJ: WBRY STAFF MORE DEDICATED AND ORGANIZED THAN IN PAST YEARS

By Kobina Aldoo
Staff Writer

This month marks the 6th anniversary of WBRY, Barry’s radio station. And some of the DJs like what they’re seeing.

Michael Newman, a senior broadcast communication major, said the DJs are more committed, and regularly go on air.

“It’s definitely much more organized now than it used to be,” he said. “The guys adhere to the schedule better now than they used to.” Newman plays alternative music on WBRY.

One of the noticeable changes in the studio is the addition of acoustic padding, dark spiky foam lining the walls, which was installed last semester. Neil Ambrosio, an engineer at the studio, said the foam is supposed to absorb unwanted exter-

nal sounds.

A couple of semesters ago, WBRY was struggling to keep DJs, according to Billy Oliver, assistant professor of Communication, and advisor of the station. WBRY currently has 38 DJs, the highest in its history. The DJs are allowed to play music from their own CDs, and are given as much creative latitude as possible.

The DJs agree that the number of students listening to WBRY hasn’t been great over the years. Most students attribute their apathy to the fact that the signal is broadcast over channel 32. Given a choice between “radio on TV” and “TV on TV,” most students choose “TV on TV” or even go for “radio on radio.” Nevertheless, Hashim Abdullah, the station’s manager, said that students have grown more interested in WBRY.

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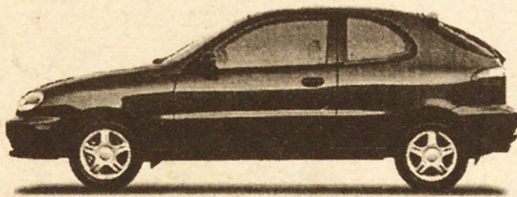


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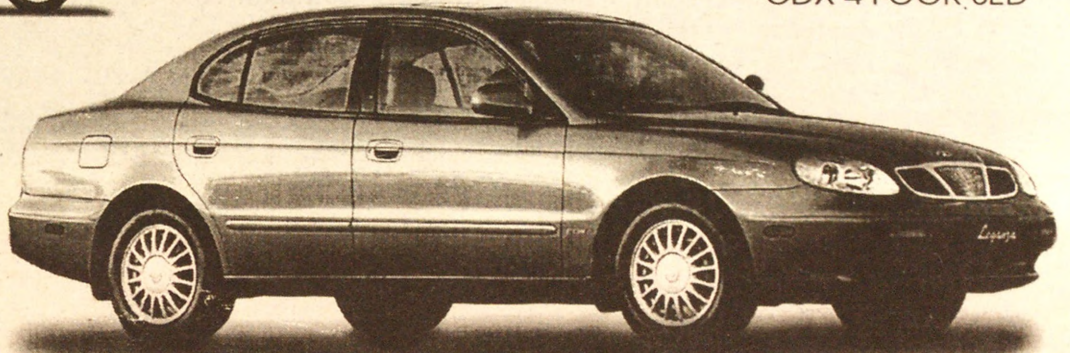
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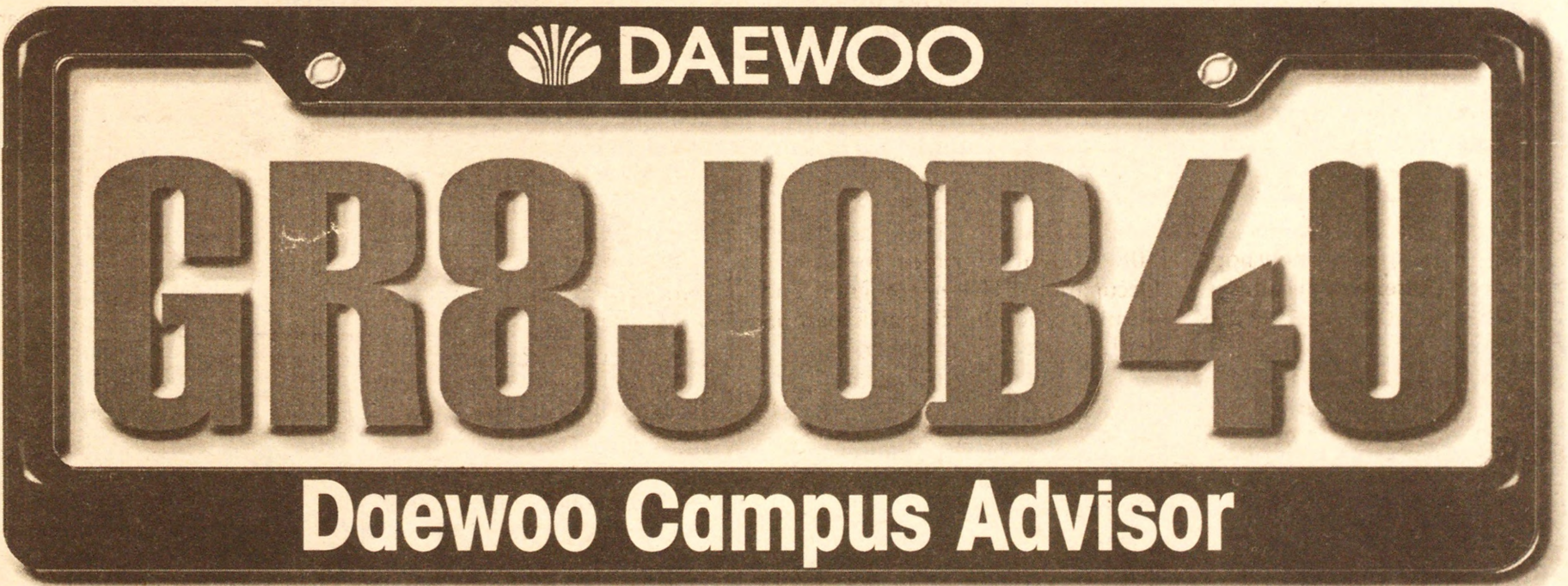


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THE STRICT SCHEDULE OF A COUCH POTATO

By Fitzgerald Scott
Staff Writer

It's that time of year again. The television networks are showcasing their new stars, and dusting off returning series in the fight to gain or retain the greatest advertising clout. Therefore I consider it my duty, as an avid TV watcher (and spiritual guide), to warn other viewers about the traps and pitfalls of Fall '98 primetime viewing. At the same time, I will give you my humble opinion on what's best this fall.

For the WB (Warner Brothers), my best picks are "Buffy the Vampire Slayer" on Tuesday for its "fantasy drama," "Felicity" on Wednesday, since it's new and slightly intriguing (the lead character, Felicity is struggling to assert her indepen-

dence from her domineering parents), "Dawson's Creek," because they took the plunge and had the platonic relationship between Dawson and Joey become one of love in just one season. The two other new series are "Charmed" and "Hyperion Bay."

The "best" show on UPN (United Paramount Network) for me is the newest one; "Seven Days" airing Wednesday night, is based on the idea that a government operative gets sent back in time whenever a disaster occurs so he can warn his agency and avert the disaster. It's new and the concept is somewhat interesting, but other than the time travel it is very similar in concept to the show it replaced, "The Sentinel." I also suggest, albeit somewhat reserv-

edly, "Star Trek: Voyager."

Wednesday night on ABC is a pretty funny night. There is "Greg and Garry" at 8, based on a rich guy marrying a not-so-rich girl after one date, as well as the always funny "Drew Carey Show" at 9.

In checking the schedule for CBS, I suddenly realized that I almost never watch anything on the network. Perhaps because my TV doesn't pick up Channel 4 without the SuperNintendo being on. I prefer to think it's because CBS's programming is totally lackluster. The only thing that I've seen and found bearable was "Everybody Loves Raymond." The question is, why do they love him?

For my taste, FOX is the best network there is. They are constantly poking fun at themselves (and everyone else for that matter). The only day that I won't watch is Wednesday night when "Beverly Hills 90210" is on. I used to like "Beverly Hills," but lost track, so I no longer watch it or "Party of Five," which I saw once or twice but found thoroughly depressing (the bearded guy was always talking about dying and Neve Campbell character was having relationship problems. Besides all the scenes were semi-lit i.e. dark).



Seven Days airs on Wednesdays, 8 p.m. on UPN.

In addition to Fox, I like almost everything on NBC. The only shows I don't know about are "Will & Grace," which I haven't seen, and "A Will of Their Own." "Frasier" has taken an interesting turn since the good Doctor Krane lost his regular job as a radio psychologist.

I always confuse "Shoot Me" with "NewsRadio," but I know both are offbeat and funny. "Friends" isn't exactly my cup of tea, but somehow I have grown fond of Jennifer Aniston.

One final thing: It might interest you to know that according to the Niensens Media Research Company, the top shows of prime time are ER, Friends, and Frasier, the latter of the three being the only one that I watch regularly.



Catch Frasier at 9 p.m Thursday nights on NBC-6

Arts and Culture

GO FIRST CLASS WITH AMC 24

By Rowena Joseph
Staff Writer

"I love it!"

"It feels so much more comfortable!"

"It's good. I like it. I like the bathrooms! I can sit and wait on leather chairs."

"Great date place!"

The new AMC Aventura 24 is receiving rave reviews. The theatre had its grand opening on Aug. 7, 1998, and already has seated more than 380,000 patrons, according to Customer Service Representative Sanela Djokvice. The actual seating capacity of the theatre is approximately 11,000.

This new theatre is undeniably a place of absolute comfort. The stadium seating provides moviegoers with an unobstructed view of the larger than normal movie screen. The lobe seating chairs practically eliminate the discomfort often felt in the basic unfolding movie theatre seats. They are wider and definitely more supportive. The armrests, with cup-holders are optional: They can be lifted out of the way for cozier

seating. It's a "must-have" experience!

With 24 screens, which are usually all in use, there is a greater variety of shows available and a greater chance of seeing the newest release. But, be warned! At peak showing times like evenings and on weekends, don't expect to go 15 minutes before show-time to purchase a ticket for a recent release. Odds are the show will be sold out, or you will be feeling a little too 'close' to the action, having to sit in the first row. Advanced ticket purchases are available. If you want to avoid those lines and you have a debit or credit card, there is also automatic ticket purchasing. Great news for students: Your IDs are worth about a 40 percent discount, so waiting in line is not a bad idea.

The theatre operates daily, open on weekdays from Noon to 11 p.m., and on weekends from 9 a.m. to 3 a.m. The theater is conveniently located inside the Aventura Mall at 19501 Biscayne Boulevard, about 15 minutes from Barry. Just go! See for yourself if you haven't already.

By Maryla Madura
Staff Writer

Find out about the female body from a woman's perspective. Miami Art Museum is currently running an exhibition called Mirror Images—Women, Surrealism, and Self-Representation. The exhibit features selected works of more than 20 women artists associated with the surrealist movement, most notably: Frida Kahlo, Leonor Fini, Meret Op-penheim, Kay Sage, Cindy Sherman, Ana Mendieta, and Dorothea Tanning.

Women who associated themselves with surrealism came from widely different social backgrounds. Their creative heritage spanning nearly 70 years appears to be quite different from the work of male surrealists, who were more inclined to project their fantasies outward.

Surrealism originated in 1920s France when Andre Breton, the founding father of the movement, wrote The Surrealist Manifesto. He challenged the rational ordering of self-representation, and with it distinctions between mind and body, the conscious and the un-

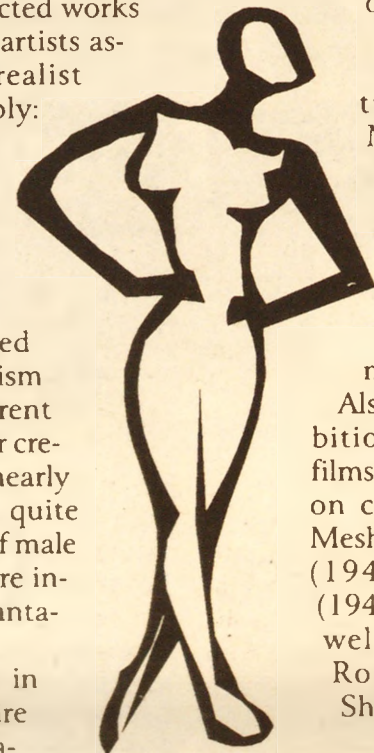
conscious, reason and impulse, dreams and reality, animal and human.

In the exhibit, body parts metamorphose before our eyes as the cultural as well as feminine fears and anxieties are being discovered.

Outstanding among other works is the disturbing performance art of the tortured artist Ana Mendieta who used her own body as the medium for creativity. You will see a series of photographs of her ritualistic performances.

Also as part of the exhibition, three surrealist films by women artists are on continuous display: Meshes of the Afternoon (1943) and At Land (1944) by Maya Deren as well as Bridges Go Round (1958) by Shirley Clark.

The exhibition runs through Nov. 29. Student admission is \$2.50 with ID. Miami Art Museum is located at 101 West Flagler St. For more information call the museum at (305) 375-3000.



BROADEN YOUR HORIZONS

BROAD AUDITORIUM SETS THE STANDARD FOR QUALITY ESTABLISHMENTS IN SOUTH FLORIDA.

Ava Brown
Staff writer

Flanked by populous palm trees and a wide variety of tropical plants, Broad Auditorium sets a high standard for performance halls in South Florida.

Stephen Neal, assistant professor of theater and technical director for the Shepard and Ruth K. Broad Center for the Performing Arts, states it succinctly: "In South Florida, ours is arguably the best."

Neal has worked in a variety of other theaters including the Ring theater at the University of Miami, but considers Broad better.

The theater department is presently in preparation for the upcoming season featuring Shakespeare's *A Mid Summer Night's Dream*. Amid the shrill of the power saws, the banging of hammers and several loud conversations, Neal speculates on the advantages that Broad has in comparison to others. The presence of a proscenium [the plane that separates the stage from the audience], excellent lighting and sound equipment and a fly-system [for transporting props], are a few that stand out.

Originally the theater was a choir

house, explained Neal. That is why the acoustics are not as good for theater.

"If you sit in the rows that are considered to be the best in the theater, you won't hear as well," said Neal. "Still, while you're on stage you could whisper something very lightly and be heard all the way in the back.

"It's sometimes a little old fashioned," says Neal, "but it works."

Shannon Sease, a senior theater and English major, has performed several times in the theater.

"I feel at home here," says Sease. "It's a really great theater, it's comfortable, nice and clean, and just beautiful."

If you pass this building on a daily basis on your way to Thompson Hall or to your classes in Garner, stop in and take a look.

Upon entering the auditorium the view, as Sease described it, is beautiful. The walk-up staircases made of stone, give way to the entrance doors done entirely in glass. The doors open to a lobby, modest, but captivating with large diamond shaped tiles in pale neutral colors, flecked with varying shades of pink.

Amid the tiles is a large Barry University crest. It sits in the center just feet away from the doors that take you into the central part of the building that seats 996 persons.

Previously known as Barry College Auditorium, the building was renamed on Nov. 13, 1983, in honor of long-time benefactors and friends of the university, Shepard and Ruth K. Broad.

Shepard Broad left his home in Russia for the United States in 1920. After attending law school in New York City, he and his wife Ruth moved to Miami. Here, he became involved in community-related activities, such as becoming the mayor of Bay Harbor Islands, and serving on the boards of various organizations including Mount Sinai Hospital and The Greater Miami Philharmonic Society, Inc.

Since meeting Monsignor William Barry, one of the founders of the university in 1940, Broad has been a friend of the university. According to a 1983 article in the Barry Flame, he was on his way to attend a Florida Bar Association seminar when he struck up a conversation with the Catholic priest aboard the train. Over the years a friendship

ensued and when Msgr. Barry's health began to fade, Broad joined the board of trustees in the early 1960s to help ensure the financial future of the university.

The gesture sealed the enduring affiliation that Broad would have with the university and the beginning of a prosperous life for Broad Auditorium.

The hall is often used for outside activities says Yvonne Houston, assistant professor of dance.

"Every year an East Indian Dance Company performs here, plus other theater companies rent, even international ones," said Houston.

Students from neighboring high schools and middle schools are usually transported here to enjoy student performances. Some of the more memorable ones were, *Tartuffe*, *A Grand Night For Singing and Sound of Music*.

"Broad is just a beautiful space, it's a large theater, the stage is quite big and has a lot of height," said Houston. "I think that's why it's rented so much.

"It's a place where we try to make people feel welcome and hopefully more people will get involved in the shows."

ARMANDO'S SPIRIT OF MUSIC

By Maryla Madura
Staff Writer

The spirit of music has its special flavor for 22-year-old Armando Vilalte, a native of San Juan, Puerto Rico, majoring in music at Barry. Ever since he had seen a piano at a store at age 5, he has loved the idea of being able to play the instrument. His family did not encourage him to become a musician. On the contrary, they were somewhat opposed to it. In fact, his late father abhorred the idea of having him play music at home. After a past of bartending, some pre-law studies, and medical studies in a pre-dental program, he has found a more fulfilling way to follow his heart and began studying what he always desired to study -- music.

Self-taught, Vilalte has mastered the piano, playing every day throughout the years. Lacking formal training, he had a difficult time getting accepted into most music programs until he found Barry.

As a result of having had no formal training, Vilalte developed his own technique, which extends to singing, guitar, organ and composing. In his Puerto Rico, he has already managed to sell some of his tunes to companies that make commercials. He also is looking forward to royalties from compositions he sold to American film directors. He hopes to compose music for film in the future.

"Armando has a masterful command of the piano although when he first came here he had no idea how to read notes," said Dr. Alan

Mason, his professor in the department of fine arts. "[Vilalte] plays by ear and through intuition alone. What he is hoping to learn here is how to read music. His style of playing is loud and bombastic and his unique technique is based on folk, the blues, and rock and roll improvisations."

At 15, Vilalte started his own band, naming it World on the Roof, because they used to practice atop one of the members' houses in San Juan. They performed at stadiums, theaters, festivals, bars, restaurants, as well as performing charity work for the homeless.

This was the only band in Puerto Rico that played Techno and New Wave music at that time. Their compositions were used in TV commercials and Vilalte produced singles for young singers who were just starting. The band stopped performing in 1994, but Vilalte said he would



like to do it again at some future point, adding new styles of music to his repertoire.

Citing the lack of expression in commercial music, he hopes to write more moving tunes for TV. Asked about his musical roots, he said he had no special influences although his favorite bands include Depeche Mode, The Doors, Pink Floyd. Vilalte hopes others may some day add his name to that list.

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NEW SEASON, MORE EXPECTATIONS: TEAM STRIVING FOR BETTER RESULTS

By Steve Conklin
Sports Editor

Two words have defined the pre-season for the men's basketball team at Barry: hard work.

The team that finished a mediocre 15-14 last season, is not the same team that has taken court early this season. Yes, there are eight returning players from last year's squad and three of them are starters, but there is a whole new attitude among the team this year.

"We have worked very hard in the pre-season," Coach Cesar Odio said. "This team has worked harder than any other team that I have ever coached."

Odio is entering his fifth season with a 66-45 record at Barry. He carries an overall 194-130 career record covering 11 years, including coaching at Miami-Dade Community College for seven years.

Key players returning to the Barry team include second all-time career scorer at Barry, senior guard Cliff DuBois, senior forward Joel Browne, and sophomore forward Mark Thomas.

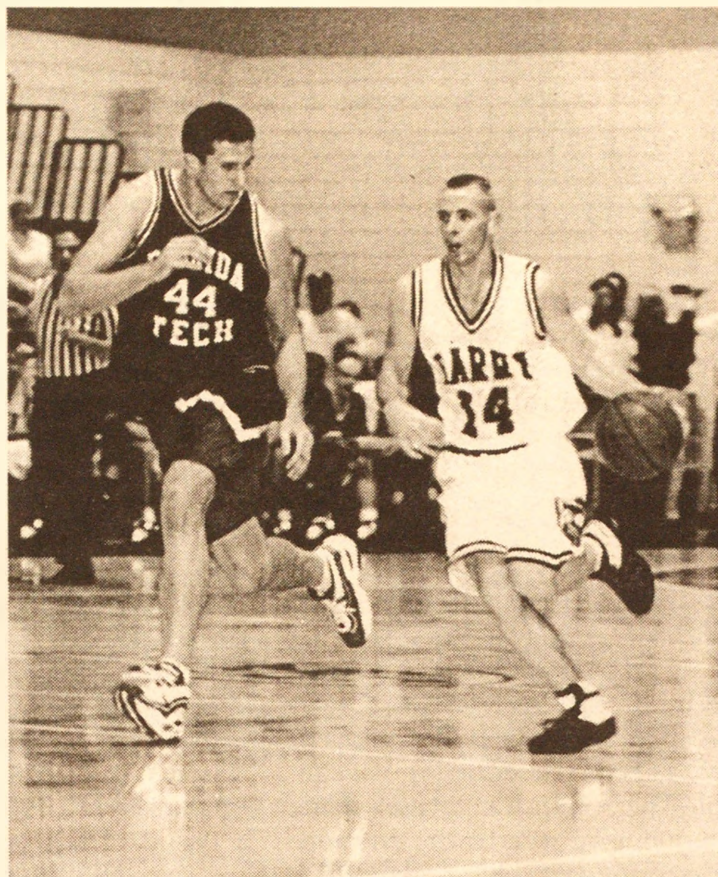
DuBois is one of the main go-to players on the team, Odio said, a

phenomenal shooter who averaged a team high of 15.8 points a game last year.

"The way this team is different from last year is that we all know our roles," DuBois said. "Our main goal this season is to win our conference and go to the NCAA tournament."

Browne, a 6'4" athletic forward, has to produce another great season and emerge as the leader of a team that has seven newcomers on the squad.

"Joel is the type of player that can do it all," Sophomore Center Pete



Guard Cliff DuBois leads the Bucs down the court against Florida Tech.

Riggs said. "He can beat you on the post and on the perimeter."

The team sustained a slight blow

in the pre-season with an injury to starting power forward Mark Thomas. Thomas suffered torn ligaments in his ankle and should be out of the lineup until sometime in December.

Although this injury will sidetrack the Bucs for the first several games, they are confident that the bench will come through in Thomas' absence.

"We won't be as deep as we would like," DuBois said. "But I am assured that the bench players will step it up."

One of the bench players who will have to emerge is sophomore guard Rafael Contreras who played in three games last year, but now appears assured to make the roster.

"It was a dream of mine to play college basketball and it's great playing here, because I learn something new every day," Contreras said.

Close allegiance of the players to Coach Odio should help.

"Coach is a great person and a friend that you can talk to about anything, he's just a good person all-around," Riggs said. "He has good relation with the guys, but still is demanding to get things done."

Sports Section

MCCRATH BRINGS CHAMPIONSHIP EXPERIENCE TO BARRY

By Steve Conklin
Sports Editor

Steve McCrath, the new men's soccer coach, brings the championship mentality needed

for the Buccaneers to contend.

McCrath, a member of Seattle Pacific's 1986 NCAA Division II national championship team, also served as assistant coach at SPU since 1995. He served under his father, Cliff McCrath,

who has won five Division II national titles. He also played professional soccer with the Seattle Storm of the Western Soccer League and later signed on with Milwaukee Wave of the Professional Indoor soccer league.

McCrath now has to take on various tasks as a head coach. In the past, he would give advice as a recruiting assistant and help out in other ways. Now as head coach, all responsi-

bility weighs on him.

"The hardest part about the transition from Seattle to Miami would have to be the recruiting," McCrath said. "My decision is the final one now."

McCrath has plenty of experience and a winning outlook to pass on to his Barry players.

"I wear the 1986 championship ring everyday and it is a reminder that we can get to the championship level sometime in the near future," McCrath said.

McCrath's father is a legend in soccer and Steve has learned essential tools that have helped him in his first year as head coach for Barry.

"Motivation, leadership, respect are the main teachings that my father has preached to me throughout the years," McCrath said.

As of Oct. 21, the men's squad had posted a solid 8-3 record this year. The team is ready to go to the next level.

"Everyone on the team has improved all season long and I am not satisfied with where we are at right now, but we'll improve in time," McCrath said.

McCrath wants to start a trend for a prominent soccer program at Barry and he says that the fans are a big part for their success.

"We need more people at the games," McCrath said. "We need fans to cheer us on and supports us all season long."



Coach McCrath directs his players during the game.

MEN'S GOLF SETS SIGHTS ON SUCCESS IN FALL

By Kelly Mahan
Staff Writer

The men's golf team is coming off a successful season and looking for an even stronger finish this year. They were ranked in the top 25 last year, and hope to be among the elite when rankings are released in the spring.

The men have played in three tournaments this year. In the Golf Club of Miami tournament they came in fifth out of 15.

"We're talented players that are waiting to click," says Senior Alex Fernandez. Coach Roger White agrees that "they have the nucleus to be really good."

Overall the five golfers will play in 10 tournaments this year with the most important tournaments being this fall. If the golf team does well in the fall then they won't have to worry about playing catch up in the spring.

"We know what we have to do to get ranked nationally," says Fernandez.

Right now the team doesn't have much depth, but every player has the same basic ability. The team is waiting for everybody to play at the same level.

"This year we're all very tight, all the egos have dropped," states Fernandez.

"SCOOBY" CAN DUNK... BUT FANS MUST WAIT TILL NEXT YEAR

By Diana Marrero
Editor-in-chief

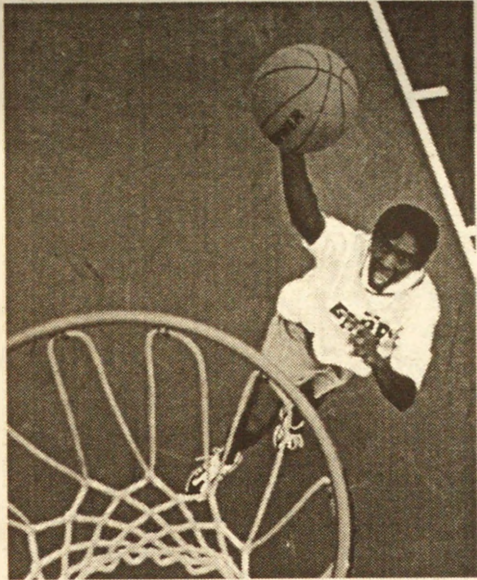
Scooby can dunk, but she can spike too. Terrell "Scooby" Roach, a junior, made headlines throughout the nation for her ability to dunk, something that only a handful of women can do in the U.S. At 5-10, Roach was the Buccaneer's second leading scorer and rebounder in last year's basketball season, averaging 11.2 points and 5.5 rebounds. This season she is playing volleyball, having only one year of basketball eligibility left.

By playing volleyball, she can still work on her vertical jump, already an eye-popping 36 inches.

"She has unlimited potential," said Dave Nichols, volleyball head coach. "Volleyball is a jump game, played in the air. Her vertical leap is so exceptional, it's a huge benefit in the game."

Nitta Omensetter, a volleyball teammate, said that Roach is good overall athlete. "For her, if you teach her the basics, she picks it up like that, and her jumping ability is out of the gym." Omensetter, a senior, will probably sit out the rest of the season due to an ankle injury.

Roach, 20, has had no formal training in volleyball. She first played volleyball in an ISR class



"Scooby" soars to the basket. Terrell Roach is hanging up her basketball shoes this season for her volleyball shoes.

taught by Nichols. Then again, she had not played organized basketball until she moved from Nassau, Bahamas as a high school senior to live with an aunt in Miami. Roach was nicknamed "Scooby" by a high school teammate. She has a tattoo of the cartoon character on her right shoulder blade. The youngest of 14 siblings, she began playing street basketball at the age of 9.

After graduating from high school, Roach enrolled in Broward Community College, where she began dunk-

ing. Women's Basketball Coach Jan Allen recruited her since 1995, landing the transfer last year.

"She has phenomenal talent, though limited game experience," said Allen.

Although Roach will not play basketball this season, she is still training with the team. She has five hours of practice almost every day, going from volleyball practice to basketball practice. A liberal studies major, she hopes to play pro-basketball.

Last season, Roach received lots of attention for her dunking. She got coverage in the media by publications like Sports Illustrated, SLAM magazine, and The Miami Herald. She also made an appearance on WSVN Channel 7 and WAMI Channel 69.

Roach said that people still write to her and send her copies of articles to sign. Roach added that some of her friends would go to the games only to see her dunk.

"I had to remind them that there is more to playing basketball than dunking," Roach said.

But do not get her wrong, Roach still gets a thrill out of dunking, which she has not yet done in a game. Her goal is to dunk during a game.

"I could never get high enough to

dunk it [before], but now it has become much more a reality," said Roach.

Schedule of Events for November-

Women's Soccer:

8-Sun Ashland (OH) @ Univ. of Tampa

Men's Soccer:

7-Sat (H) Lynn

Volleyball:

6-Fri at Tampa

7-Sat at Eckerd

10-Tue at Lynn

13-Fri (H) Florida Tech

14-Sat (H) Rollins

Men's Basketball:

6-Fri (H-Exhibition) Bahama All-Stars

12-Thu (H-Exhibition) Florida Storm

17-Tue (H) Florida Memorial

23-Mon (H) Puerto Rico-Bayamon on Barry Holiday Hoopla Classic-

Fri and Sat, Nov. 27 & 28

Women's Basketball:

5-Thu (H-Exhibition) Team Miami

13-Fri Henderson State (AR) @ West Florida

14-Sat at West Florida

18-Wed (H) Palm Beach Atlantic

23-Mon (H) Puerto Rico-Bayamon at Florida Atlantic

Men's Golf:

Rollins Citrus Sports Invitational- Nov. 1-3

WOMEN'S BASKETBALL READY TO IMPROVE ON 17-11 PERFORMANCE.

By Aaron Krause
News Editor

Women's Basketball Coach Jan Allen doesn't shy away from fierce competition.

In fact, Allen believes that facing the better teams will help prepare Barry to post-season play this season.

"I'd rather lose to a good team and prepare for the national tournament than play a weak team," said Allen. "We had a very competitive schedule last year. We upgraded our schedule to see what it would take to be nationally competitive."

Last year, the Lady Buccaneers faced five teams that went to the national tournament. Overall, their opponents finished a combined 333-285. The Buccaneers themselves finished 17-11, in part Allen said because at times, Barry took some teams for granted. "I think we took [the] teams in our conference too lightly last year," she said.

"Last year's team was disappointed with their season," said Allen. "They feel they didn't meet their expectations and they want to win." Allen said the Buccaneers have their work cut out for them this season. They play West Florida on Nov. 14, a team that made the NCAA tournament last season, and in the Barry Holiday Classic on Dec. 29, Barry plays Winston-Salem University (N.C.), who made it to the National Tournament.

Allen said that last year's squad was tall but not quick enough. This year, the team has three main goals, said Allen: Improve rebounding,

three-point shooting, and overall team quickness. To that end, Barry brought in some new faces. Allen is excited about Valeria Santos, who will play Center. Santos, said Allen, is both agile and strong. "She's definitely going to be an impact player for us," said Allen. Santos, 6-3, played one year at Oral Roberts and another at Midland Community College before coming to Barry.

Allen also has high hopes for Carolina Santamarina, a freshman point guard. Santamarina was named Dade County Player of the Year at Our Lady of Lourdes High School, last year. Kenyatta Connaway and Rebecca Smith are also expected to become impact players. Connaway penetrates, passes, and can shoot three pointers, said Allen, while Smith is very aggressive defensively.

Allen also said the team is more mature. "We have eight juniors and I feel that they're taking a leadership role," said Allen.

Christine Reidinger, a senior Forward, said the team is in better shape, and ready to compete. "I think we have the experience and knowledge of the game," she said. "We know what to expect and we know what level we have to play at to be successful."

Smith said the team did running drills on the soccer field during the offseason, and that it will pay dividends.

"Everybody is going to be in good cardiovascular shape," she said. "We can go faster for longer. I think a lot of people are going to be surprised by how well we do this season."

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| 10. Ck or Bf w/Assorted Vegetables | 4.75 | 7.25 |
| 11. Assorted Vegetables | 4.50 | 6.50 |
| 12. Cashew Nut Shrimp | 5.50 | 7.50 |
| 13. Ck or Bf w/Black Bean Sauce | 4.75 | 7.25 |
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